



August 2017

Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>August Birthdays</i></p> <p>August 1</p> <p>Chicken Parmesan 1/2 cup Rotini Pasta with Sauce 1 cup Tossed Salad with Tomato and Dressing 1 slice Italian Bread</p> <p><i>Birthday Cake</i></p>	<p>August 2</p> <p>Swiss Steak with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Sliced Carrots 1 slice White Bread Sugar Cookie</p>	<p>August 3</p> <p>Club Sandwich (1 ounce Ham, Turkey, and Cheese) with 1/4 cup Lettuce, 1 slice Tomato 1 cup Creamy Cauliflower Soup with 2 Crackers 2 slices White Bread Fresh Fruit</p>	<p>August 4</p> <p>Potato Crusted Fish 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes 1 slice Wheat Bread 1/2 cup Pineapples and Oranges</p>
	<p>August 7</p> <p>Baked Lemon Pepper Chicken Thigh with 1 ounce Gravy 1/2 cup Wild Rice 1/2 cup Lima Beans 1 slice Wheat Bread 1/2 cup Apricots</p>	<p>August 8</p> <p>Taco Salad (3 ounces Seasoned Meat and Cheese) Sour Cream 1/2 cup Mixed Bean Medley 1/2 cup Fiesta Corn Salad Tortillas Brownie</p>	<p>August 9</p> <p>3 ounces Roasted Turkey with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Peas and Carrots 1 slice Wheat Bread 1/2 cup Vanilla Ice Cream</p>	<p>August 10</p> <p>Chef Salad (1 ounce Ham, Turkey, Cheese, and 1 Egg) 1 cup Wedding Soup with 2 Crackers Breadstick 1/2 cup Sliced Pears</p>
<p>August 14</p> <p>Crab Cake 1/2 cup Buttered Noodles 1/2 cup Italian Beans 1 slice Wheat Bread 1/2 cup Pineapple Tidbits</p>	<p>August 15</p> <p>3 ounces Hot Roast Beef Dinner with 1 ounce Gravy 1/2 cup Whipped Potatoes 1/2 cup Mixed Vegetables 1 slice White Bread 1/2 cup Applesauce</p>	<p>August 16</p> <p>4 ounces Tuscan Chicken with Sun-Dried Tomato Cream Sauce 1/2 cup Penne Pasta 1 cup Tossed Salad with Tomato Breadstick 1/2 cup Sliced Peaches</p>	<p>August 17</p> <p>Baked Sweet Sausage with 2 ounces Peppers and Sauce 1/2 cup Parsley Potatoes 1/2 cup Green Beans Sub Roll Sugar Cookie</p>	<p>August 18</p> <p>Salisbury Steak with 1 ounce Gravy Baked Potato 1/2 cup Coleslaw 1 slice Wheat Bread 1/2 cup Mixed Fruit Salad</p>
<p>August 21</p> <p>Kielbasa with 2 tablespoons Sauerkraut 1/2 cup Mashed Potatoes 1/2 cup Sweet Corn Hot Dog Roll Brownie</p>	<p>August 22</p> <p>Southwestern Chicken Wrap (1/2 cup Chicken, Cheese, and Pimento) with 1/4 cup Lettuce, 1 slice Tomato 1 cup Vegetable Barley Soup with 2 Crackers Tortilla Shell/Wrap 1/2 cup Apricots Mayonnaise</p>	<p>August 23</p> <p>Breaded Lemon Pepper Pollock 1/2 cup Blended Rice Pilaf 1/2 cup Sweet and Sour Coleslaw 1 slice White Bread 1/2 cup Diced Peaches</p>	<p>August 24</p> <p>Meatloaf with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Peas and Carrots 1 slice Wheat Bread 1/2 cup Sherbet</p>	<p>August 25</p> <p>Spaghetti and Meatballs (3) 3/4 cup Pasta with Sauce 1 cup Tossed Salad with Tomato 1 slice Italian Bread 1/2 cup Blushed Pears</p>
<p>August 28</p> <p>Chicken Marsala 1/2 cup Garlic and Parmesan Pasta 1/2 cup Crinkle Cut Carrots 1 slice White Bread 1/2 cup Pineapple Delight</p>	<p>August 29</p> <p>Cheeseburger with 1/4 cup Lettuce, 1 slice Tomato 1 cup Creamy Potato Soup with 2 Crackers Hamburger Roll 1/2 cup Applesauce</p>	<p>August 30</p> <p>BBQ Chicken 1/2 cup Oven Roasted Potatoes 1/2 cup Creamy Coleslaw 1 slice Wheat Bread 1/2 cup Mixed Fruit Salad</p>	<p>August 31</p> <p>3 ounce slice Baked Ham Slice with 1 ounce Fruit Sauce 1/2 cup Mashed Potatoes with Chives 1/2 cup Summer Beet Salad 1 slice Wheat Bread 1/2 cup Chocolate Pudding</p>	

*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine