





**York County
Home Delivered Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>July 2</p> <p>Roasted Pork Loin with Gravy Sauerkraut Whipped Potatoes White Bread Cinnamon Applesauce</p>	<p>July 3</p> <p>Chicken Parmesan with Marinara and Cheese Topping Rotini Pasta with Sauce Parmesan Zucchini and Corn Wheat Bread Fresh Seasonal Fruit</p>	<p>July 4</p> 	<p>July 5</p> <p>Cold Meatloaf Sandwich Potato Salad Pickled Beets Sandwich Roll Watermelon</p>
<p>July 9</p> <p>Spaghetti and Meatballs Pasta with Sauce and Pamesan Cheese Italian Green Beans Italian Bread Sliced Peaches</p>	<p>July 10</p> <p>Chicken Cobb Salad Mixed Greens with Diced Chicken, Cucumber, Cheddar Cheese, 1/2 Egg, and Bacon Bits Three-Bean Salad Wheat Bread Pineapple Tidbits Ranch Dressing Packets</p>	<p>July 11</p> <p>Baked Haddock with White Wine Sauce Confetti Rice Mixed Vegetables Wheat Bread Cinnamon Applesauce</p>	<p>July 12</p> <p>Grilled Chicken Cordon Bleu Sandwich Macaroni Salad Tomato and Cucumber Salad Sandwich Roll Fresh Fruit</p>
<p>July 16</p> <p><i>Breakfast for Lunch</i></p> <p>Egg Omelet Sausage Patty Whole Grain English Muffin with Jelly Orange Juice Fresh Banana</p>	<p>July 17</p> <p>Egg Salad Sandwich with Lettuce and Tomato Potato Salad Carrot and Raisin Salad White Bread Sliced Pears</p>	<p>July 18</p> <p>Baked Chicken with Gravy Stuffing Whipped Potatoes Green Beans Cookie</p>	<p>July 19</p> <p>Antipasto Salad with Ham/Salami, Olives, and Mozzarella Cheese Tossed Salad with Tomato Beets Breadstick Sunset Pears Italian Dressing Packets</p>
<p>July 23</p> <p>Pineapple Glazed Ham Whipped Sweet Potatoes Creamy Coleslaw Wheat Bread Chocolate Pudding</p>	<p>July 24</p> <p>Chicken Caesar Salad Mixed Greens with Parmesan, Croutons, and Caesar Dressing Marinated Beans Breadstick Sliced Peaches</p>	<p>July 25</p> <p>Beef Stroganoff with Gravy Buttered Bowties Mixed Vegetables Wheat Bread Fresh Seasonal Fruit (Melon)</p>	<p>July 26</p> <p>Turkey, Bacon and Cheese Jr. Club Sandwich with Condiments Broccoli Salad Pasta Salad Sandwich Roll Applesauce</p>
<p>July 30</p> <p>Meatloaf with Gravy Whipped Potatoes Green Beans White Bread Banana Pudding with Nilla Wafers</p>	<p>July 31</p> <p>Chicken, Spinach and Cranberry Salad with Balsamic Dressing Mixed Greens and Spinach with Cucumber Pickled Diced Beets Breadstick Cookie</p>		

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 teaspoon Margarine

July 2018

FRIDAY

July 6

Roast Beef with Gravy
Whipped Potatoes
Green Beans
White Bread
Brownie

July 13

Chili Cheese Hot Dog
with Chili and Cheddar Cheese
Sweet Potato Bites
Hot Dog Roll
Apricots with Oatmeal Topping

July 20

Potato Crusted Pollock
Cheesy Twists
Stewed Tomatoes
Wheat Bread
Fresh Seasonal Fruit (Orange)

July 27

Stuffed Pepper
with Tomato Sauce
Garlic Whipped Potatoes
Coin Carrots
Wheat Bread
Stawberry Shortcake

