Nutrition Group		June 2018 Congregate Meal Ment	u		
MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY
			Ż		June 1 Roasted Pork Loin with Gravy 1/2 cup Whipped Potatoes 1/2 cup Green Beans Wheat Bread Cookie
June 4 ounces Beef Stroganoff with Gravy 1/2 cup Buttered Bowties 1/2 cup Mixed Vegetables Wheat Bread Fresh Seasonal Fruit (Melon)	June Birthdays Chicken Caesar Salad (3 ounces Chicken) Chicken Caesar Salad (3 ounces	ne 5 Stuffed Pepper with Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Coin Carrots Wheat Bread Strawberry Shortcake		June Turkey, Bacon, and Cheese Jr. Club Sandwich (2.5 ounces sliced Turkey, 1 Bacon Round, and 1 slice Cheese) 1 cup Cream of Broccoli Soup with Crackers Sandwich Roll 1/2 cup Applesauce Condiments	7 June 8 1 slice Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Chocolate Pudding
June 3 ounces Pork Carnita Taco Topped with 2 ounces Sweet and Sour Slaw 1/2 cup Rice with Chives 1/2 cup Corn Tortilla Fresh Melon	11JuneSweet and Sour Meatballs (4)1/2 cup Penne Pasta1/2 cup Hawaiian ColeslawDinner Roll1/2 cup Sliced Pears	e 12 1 slice Meatloaf with 2 ounces Gravy 1/2 cup Whipped Potatoes 1/2 cup Green Beans White Bread 1/2 cup Banana Pudding with 2 Nilla Wafers		June 1 Chicken, Spinach, and Cranberry Salad (3 ounces Chicken, 1 tablespoon Cranberries with Balsamic Dressing - (1.5 ounce packet) 1 cup Mixed Greens and Spinach with Cucumber 1/2 cup Pickled Diced Beets Breadstick Cookie	4 June 15 Steak Sandwich with 2 ounces Onions/Peppers, 1/2 ounce Cheese 1/2 cup Ranch Seasoned Potatoes Hoagie Roll Fresh Seasonal Fruit (Melon) Condiments
June <u>Father's Day Special</u> Bratwurst Sandwich with 2 ounces Sauerkraut Topping 1/2 cup Potato Salad 1/2 cup Baked Beans Hot Dog Roll Apple Pie	 June 1/2 cup Creamy Chicken Salad Croissant with Lettuce and Tomato 1 cup Tomato Soup with Crackers Whole Grain Croissant Fresh Seasonal Fruit 	e 19 Orange Glazed Pork Loin 1/2 cup Vegetable Rice Pilaf 1/2 cup Mixed Vegetable Medley Wheat Bread 1/2 cup Applesauce		June 2 Chicken Primavera with 3 ounces Vegetable Cream Sauce 1/2 cup Penne Pasta 1 cup Tossed Salad with Cumcumber, Hardboiled Egg, and Italian Dressing Garlic Breadstick 1/2 cup Sliced Pears	1 June 22 Salisbury Steak with 2 ounces Gravy 1/2 cup Cheesy Whipped Potatoes 1/2 cup Sweet Peas White Bread Brownie
June 3 ounces Roasted Turkey 1/2 cup Whipped Potatoes with Gravy 1/2 cup Peas and Carrots Wheat Dinner Roll 1/2 cup Gelatin	Hamburger with Lettuce and Tomato 1/2 cup Sweet Potato Bites 1/2 cup Green Beans Sandwich Roll Fresh Seasonal Fruit (Melon) Condiments	e 26 Baked Breaded Chicken Cutlet 1/2 cup AuGratin potatoes 1/2 cup Sweet Peas White Bread Cookie *** All meals are subject to change *** Served daily: 8 ounces Milk and 1 teaspo	5 ***	 1/2 cup Tuna Salad Sandwich with Lettuce and Tomato 1 cup Creamy Potato Soup with Crackers 2 Slice Wheat Bread 1/2 cup Pineapple and Cherries 	8 June 29 Kielbasa 1/2 cup BBQ Butterbeans 1/2 cup Macaroni Salad Hot Dog Roll Fresh Seasonal Fruit (Orange)