



December 2018



Congregate Meal Menu

MONDAY	THEODAY	WEDNESDAY	THIRDSAY	EDIDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 3				
Center Cut Pork Chop	Reuben Wrap	Lemon Pepper Chicken	Turkey and Provolone Sandwich	Baked Porcupine Ball
with 2 ounces Gravy	(2½ ounces Corned Beef, 2 ounces	1/2 cup Wild Rice	(2½ ounces Turkey and ½ ounce Sliced	with 2 ounces Tomato Sauce
/2 cup Whipped Potatoes with Chives	Sauerkraut, 1 slice Swiss Cheese)	1/2 cup Brussel Sprouts	Cheese)	1/2 cup Garlic Whipped Potatoes
./2 cup Lima Beans	with condiments	Wheat Bread	with Lettuce, Tomato, Condiments	1/2 cup Corn
White Bread	1/2 cup Hot Potato Salad	Fresh Fruit	1 cup Creamy Broccoli Soup	Cinnamon Raisin Bread Pudding
./2 cup Sliced Apples	Honey Wheat Tortilla Wrap	Andrew Control	with Crackers	4
	1/2 cup Warm Peaches		Whole Grain Pretzel Roll	
		**	Fresh Fruit	
	December Birthdays			
December 10		December 12		
Mushroom Swiss Burger	Mango BBQ Chicken Breast	Pot Roast	Roasted Turkey	Crab Cake
L cup Creamy Cauliflower Soup	1/2 cup Brown Rice	with 1 ounce Gravy	with 1/2 cup Gravy	1/2 cup Cheesy Twists
with Crackers	1/2 cup Creamy Coleslaw	1/2 cup Baked Potato with Margarine	1/2 cup Whipped Potatoes	1/2 cup Baked Beans
Hamburger Roll	Wheat Bread	1/2 cup Green Beans	1/2 cup Carrots	Whole Grain Dinner Roll
Fresh Fruit	Birthday Cake	Italian Bread	Dinner Roll	1/2 cup Mandarin Oranges
		Cookie	Cranberry Sauce	,
			1/2 cup Vanilla Ice Cream	
	Holiday Special			
December 17	December 18		December 20	December :
Burgundy Meatballs (4)	Chicken Cordon Bleu	Warm Ham and Cheese on Ciabatta	Kielbasa	Baked Chicken with Gravy
with Mushrooms	3 ounces Homemade Stuffing	(2½ ounces Sliced Ham, and ½ ounce	1/2 cup Cheesy Potatoes	1 cup Tossed Salad
Over 1/2 cup Egg Noodles	1/2 cup Whipped Potatoes with Gravy	Sliced Cheese)	1/2 cup Sweet Peas	with Tomato and Dressing
1/2 cup Carrots	1/2 cup Peas and Carrots	1 cup Creamy Tomato Bisque	Hot Dog Roll	1/2 cup Baked Potato with Margarine
Wheat Bread	Dinner Roll	with Crackers	Fresh Seasonal Fruit	Whole Grain Mini-Biscuit
1/2 cup Mixed Fruit Salad	Boston Crème Pie	Whole Grain Ciabatta Roll		Cookie
		Fresh Fruit		
	Merry Christmas!			
December 24	December 25	December 26	December 27	December 2
Country Fried Chicken		Sloppy Joe	Chicken Picatta	3 ounces Warm Roast Beef Sandwich
with 2 ounces Creamy Gravy		1/2 cup Ranch Seasoned Potatoes	1/2 cup Bowties	with Cheese and Au Jus
L/2 cup Whipped Potatoes		1/2 cup Green Beans	1 cup Tossed Salad	1 cup Homemade Vegetable Soup
1/2 cup Peas and Carrots		Whole Grain Sandwich Roll	with Tomato and Dressing	with Crackers
Vhole Grain Mini-Biscuit		Cookie	Italian Bread	Sandwich Roll
Fresh Fruit			1/2 cup Sliced Peaches	1/2 cup Pineapple Tidbits
Happy New Year!			-0	
December 31	1			
Salisbury Steak				
L/2 cup Creamed Potatoes and Peas				
Hot Dog Roll		MERRY CHRISTMASI		
/2 cup Warm Cinnamon Applesauce				
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*** All meals are subject to change ***
*** Served daily: Milk and Margarine