Nutrition Group	February 2019 Home Delivered Meal Menu		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		Book	
February Hot Dog Cheesy Potatoes Sweet Peas Hot Dog Roll Fresh Seasonal Fruit	 February 5 Tuna Salad Sandwich with Lettuce and Tomato Pasta Salad Three-Bean Salad Sandwich Roll Tropical Fruit 	Feb Chili Con Carne Baked Potato with Margarine Whole Grain Mini Biscuit Warm Apples	February 7 Ham and Cheese on Ciabatta (Sliced Ham and Cheese) Broccoli Salad Peaches Whole Grain Ciabatta Roll Cookie
February Pulled Turkey with Gravy Whipped Potatoes Green Beans Wheat Bread Applesauce	11 February 12 Egg Salad Sandwich with Lettuce and Tomato Macaroni Salad Marinated Beans Wheat Bread Orange Juice	Febr Hawaiian Pork Chop Blended Rice Pilaf Mixed Vegetables White Bread Fresh Fruit	February 13 February 14 Roast Beef and Cheese Sandwich Potato Salad Beets Sandwich Roll Pineapple Tidbits
February President's Do	Bratwurst	Febr Baked Meatloaf Marinara with Mozzarella Topping Garlic Whipped Potatoes Parmesan Corn Wheat Bread Banana Pudding	Fuary 20 February 21 Greek Chicken Salad Greek Chicken, Black Olives, Red Onions, (Chicken, Black Olives, Red Onions, Tomato, and Mozzarella Cheese) Mixed Greens with Dressing Beets Dinner Roll Cookie
February Pork Ribette Seasoned Potatoes Baked Beans Dinner Roll Sliced Peaches	25 February 26 Old Fashioned Spread Sandwich with Lettuce and Tomato Pasta Salad Marinated Beans White Bread Mixed Fruit	Febr Swiss Steak with Onion Gravy Cabbage and Noodles Diced Carrots Wheat Bread Pineapple Delight	Fuary 27 February 28 Cold Grilled Chicken Bacon Swiss Club (Chicken, Bacon, Cheese with Lettuce, Tomato, and Condiments) Potato Salad Sandwich Roll Plushed Pears Cookie Vertice
	*** Serv	*** All meals are subject to char ed Daily: 8 ounces Milk and 1 teas	

