



April 2019 Congregate Meal Menu





| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| April 1 Sweet Sausage Sandwich with Peppers and Sauce 1/2 cup Cheesy Hashbrowns Whole Grain Sausage Roll Fresh Watermelon | April Birthdays April 2 Roasted Pork with Dijon Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight Birthday Cake | April 3 Pepper Steak with Gravy 1/2 cup Whipped Potatoes 1/2 cup Sweet Peas White Bread 1/2 cup Pears | April 4 Chicken Parmesan with Marinara Sauce and Cheese 1/2 cup Penne Pasta with Sauce 1 cup Tossed Salad with Dressing Italian Bread 4 ounces Apple Juice | April 5 Tuna Salad Sandwich with Lettuce and Tomato 1 cup Lentil Soup with Crackers 2 Slices White Bread Fresh Orange |
| April 8 Cheeseburger 1/2 cup BBQ Butter Beans 1/2 cup Macaroni Salad Sandwich Roll Fresh Cantaloupe | | April 10 Beef Brasciole with Gravy 1/2 cup Roasted Redskin Potatoes with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Banana | April 11 Turkey Chef Salad (2½ ounces Turkey and Cheddar, and 1 Hardboiled Egg) 1 cup Tossed salad w/Cucumber 1 cup Summer Corn Chowder with Crackers Whole Grain Dinner Roll 1/2 cup Pineapple | April 12 Baked Haddock with Cream Sauce 1/2 cup AuGratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Orange Gelatin with Mandarin Oranges |
| April 15 Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Fresh Watermelon | April 16 Roasted Pork with Gravy 1/2 cup Sauerkraut 1/2 cup Whipped Potatoes White Bread Applesauce Cake | April 17 Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Brussel Sprouts Wheat Bread 1/2 cup Mixed Fruit | April 18 BBQ Ribette 1/2 cup Parsley Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears | April 19 |
| Easter Special April 22 Baked Ham with Cloves 1/2 cup Sweet Potato Supreme 1/2 cup Green Beans Rye Bread White Cake with Strawberry Topping | April 23 Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Warm Peach Crisp | April 24 Chili Cheese Hot Dog (2 ounces Chili, 1 ounce Cheddar) 1/2 cup Baked Potato 1/2 cup Green Beans Hot Dog Roll 1/2 cup Cinnamon Applesauce | April 25 Santa Fe Salad (1 cup Mixed Greens with 3 ounces Diced Chicken and Cheddar, and 2 ounces Roasted Veggies) Dinner Roll 1 cup Tortilla Soup with Tortilla Chips 1/2 cup Pineapple Tidbits | April 26 Honey Mustard Chicken Sandwich with Cheese 1/2 cup Parmesan Redskin Potatoes 1/2 cup Mixed Vegetables Sandwich Roll Cookie |
| April 29 Roasted Pork Loin with Gravy | April 30 Eag Omelet Topped with Cheese | | | ~ |

Roasted Pork Loin with Gravy
1/2 cup Whipped Potatoes
1/2 cup Peas
Dinner Roll
1/2 cup Sliced Apples

Egg Omelet Topped with Cheese
Sausage Patty
1/2 cup Breakfast Potatoes
Whole Grain English Muffin with Jelly
4 ounces Orange Juice







*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine