Nutrition Group		June 2019 Home Delivered Meal Menu		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 3 Baked Meatloaf with Gravy Baked Potato with Margarine Wax Beans Wheat Bread Fresh Melon	June 4 Egg Salad Sandwich with Lettuce and Tomato Macaroni Salad Tomato and Cucumber Salad White Bread Sliced Apples	June 5 Chicken Marsala Bow Tie Noodles Peas Wheat Bread Mixed Fruit	June 6 Seafood Salad over Mixed Greens with Tomato and Hardboiled Egg Three-Bean Salad Whole Grain Dinner Roll Cottage Cheese and Pineapples	June 7 BBQ Ribette Whipped Sweet Potatoes Creamy Coleslaw White Bread Sliced Pears
June 10 Chili Cheese Hot Dog Chili and Cheddar Cheese) Baked Potato Green Beans Hot Dog Roll Cinnamon Applesauce	June 11 Tuna Salad Sandwich with Lettuce and Tomato Potato Salad Carrot and Raisin Salad White Bread Peaches	June 12 Roasted Sliced Turkey Mashed Potatoes with Gravy Mixed Vegetables Wheat Bread Cookie	June 13 Santa Fe Salad Mixed Greens with Diced Chicken and Roasted Vegetables Pasta Salad Dinner Roll Pineapple Tidbits	June 14 Breaded Pollock Filet Vegetable Barley Pilaf Carrots Wheat Bread Fresh Orange
5	Mild Buffalo Chicken Sandwich with Shredded Lettuce Coleslaw Beets Sandwich Roll	Breakfast for Lunch June 19 Egg Omelet Topped with Cheese Sausage Patty Breakfast Potatoes Whole Grain Muffin with Jelly Orange Juice	June 20 Mandarin and Cranberry Chicken Salad with Chicken, Mandarin Orange, and Cranberries Mixed Greens with Cucumbers, Blue Cheese Crumble, and Balsamic Dressing Pack Three-Bean Salad Whole Grain Dinner Roll Cookie	June 21 Salisbury Steak with Gravy Mashed Potatoes Carrots Wheat Bread Pudding
June 24 Breaded Chicken Cutlet Macaroni and Cheese Stewed Tomatoes Wheat Bread Fresh Melon		June 26 Pineapple Glazed Ham Whipped Sweet Potatoes Green Beans Wheat Bread Sliced Pears	June 27 Grilled Chicken Sandwich Three-Bean Salad Mandarin Oranges Sandwich Roll Cookie	June 28 Roast Beef and Dumplings Creamy Coleslaw Whole Grain Buttermilk Biscuit Sliced Peaches
All meals are subject to change Served Daily: Milk and Margarine				