

July 2019

Home Delivered Meal Menu



MONDAY	TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
			4th of July Special			
,	July 1	July 2		July 3	Ju	ly 4 Jι
pinach and Artichoke Chicken	Egg Salad Sandwich	1	Pulled Pork Sandwich			Bacon Bleu Burger
ow Tie Pasta	with Letuce and Tomato		Potato Salad			(Burger, Bacon Round, and Blue
Aixed Vegetables	Pasta Salad		Baked Beans			Cheese Crumble)
Vheat Bread	Tomato and Cucumber Salad		Sandwich Roll			Buttered Potatoes
Mandarin Oranges	White Bread		Watermelon			Corn
windami Granges	Mixed Fruit			A	Senior Centers Closed	Sandwich Roll
	TVIIACUTT GIC		_		Semoi centers closed	Fresh Apple
						Mayonaisse Packet
	July 8	July 9		July 10	July	11 Jul
oasted Pork	Tuna Salad Sandwich		Chicken Parmesan		Cold Meatloaf Sandwich	Sweet Sausage Sandwich
with Dijon Mushroom Sauce	with Lettuce and Tomato		with Marinara and Cheese Top	ping	Carrot and Raisin Salad	with Peppers and Sauce
/egetable Rice Pilaf	Macaroni Salad		Penne Pasta with Sauce		Pasta Salad	Cheesy Hashbrowns
Green Beans	Beets		Tossed Salad with Dressing		White Bread	Whole Grain Sausage Roll
Vheat Bread	White Bread		Italian Bread		Fruit Juice	Fresh Melon
./2 cup Pineapple Delight	Fresh Seasonal Fruit		Apple Juice		The same	- I con melon
-, 2 dap i meappie bengin	Tresmocasomar trans		Apple suice			
J	uly 15	July 16		July 17	July	18 Jul
Rotisseri Chicken with Gravy	Roast Beef and Cheddar Sandy	wich	Baked Breaded Chicken Cutlet		Turkey Chef Salad	Cheeseburger
Whipped Potatoes with Chives	Potato Salad		Au Gratin Potatoes		(Turkey, Cheddar Cheese, and	BBQ Butter Beans
Mixed Vegetables	Pineapple Salad		Carrots		Hard Boiled Egg)	Macaroni Salad
Whole Grain Biscuit	White Bread	,	White Bread		Tossed Salad	Sandwich Roll
Sliced Peaches	Fresh Fruit	1	Fruited Gelatin		with Cucumber and Dressing	Fresh Melon
					Three-Bean Salad	Ketchup and Mustard Packets
					Whole Grain Dinner Roll	
					Cookie	
·	uly 22	July 23	,	July 24	July	²⁵ Jul
Roasted Pork with Gravy	Old Fashion Spread Sandwich	-	BBQ Ribette	•	Seafood Salad	Baked Meatloaf with Gravy
Sauerkraut	with Lettuce and Tomato		Whipped Sweet Potatoes		Over Mixed Greens with Tomato and	Baked Potato with Sour Cream
Whipped Potatoes	Broccoli Salad		Creamy Coleslaw		Hard Boiled Egg	Wax Beans
White Bread	Beets		White Bread		Whole Grain Dinner Roll	Wheat Bread
Applesauce Cake	Sandwich Roll		Sliced Pears		Cottage Cheese	Fresh Watermelon
	Cookie				Pineapples	
	uly 20	July 30		July 31		
Roasted Sliced Turkey	u ly 29 Chicken Salad Sandwich	-	Honey Mustard Chicken Sandwich	-	<u> </u>	
Aashed Potatoes with Gravy	with Lettuce and Tomato		with Cheese			~ d/*_
Carrots	Coleslaw		Parmesan Redskin Potatoes			
Vheat Bread	Baked Beans		Mixed Vegetables			
Cookie	Sandwich Roll		Sandwich Roll	A		
	Peaches		Mandarin Oranges	4		

