













MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			August 1 Santa Fe Salad 1 cup Mixed Greens with 3 ounces Diced Chicken, Cheddar Cheese, and 2 ounces Roasted Vegetables Dinner Roll 1 cup Tortilla Soup with Tortilla Strips 1/2c. Pineapple Tidbits	August 2 Chili Cheese Hot Dog (2 ounces Chili and 1 ounce Cheddar Cheese) 1/2 cup Warm Potato Salad 1/2 cup Green Beans Hot Dog Roll 1/2 cup Cinnamon Applesauce
August 5 Roasted Pork Loin with Gravy 3 ounces Stuffing 1/2 cup Whipped Potatoes 1/2 cup Coleslaw 1/2 cup Sliced Apples 	August Birthdays August 6 Mild Buffalo Chicken Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Cantaloupe Birthday Cake	Breakfast For Lunch August 7 Egg Omelet Topped with Cheese Sausage Links (2) 1/2 cup Breakfast Potatoes Whole Grain English Muffin Jelly 4 ounces Orange Juice 	August 8 Mandarin/Cranberry Chicken Salad (3 ounces Chicken, 1 ounce Bleu Cheese, 1 tbs. Cranberries) 1 cup Mixed Greens with Cucumber 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie Balsamic Dressing Packet	August 9 Open Face Meatloaf with Gravy 1/2c cup Mashed Potatoes 1/2 cup Carrots Wheat Bread 1/2 cup Mixed Fruit 
August 12 Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears	York County Birthday Special August 13 Taco Salad (3 ounces Meat and Cheddar Cheese) 1 cup Tossed salad with Tomato 1/2 cup Warm Seasoned Black Beans and Corn 1/2 cup Spanish Rice Naco Chips, Taco Sauce, Sour Cream 1/2 cup Sherbet	August 14 1 cup Roast Beef and Dumplings 1/2 cup Creamy Coleslaw Whole Grain Dinner Roll 1/2 cup Warm Sliced Peaches	August 15 Turkey and Cheese Sandwich (2½ ounces Turkey, ½ oz Cheese) with Lettuce and Tomato 1/2 cup Fresh Broccoli Salad Whole Grain Sandwich Roll 1/2 cup Applesauce Condiments 	August 16 Stuffed Pepper with Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Coin Carrots Dinner Roll Strawberry Shortcake
August 19 Spinach and Artichoke Chicken 1/2 cup Bowtie Pasta 1/2 cup Mixed Vegetables Wheat Bread 1/2 cup Mandarin Oranges 	August 20 BBQ Pulled Pork Sandwich 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Sandwich Roll Chocolate Chip Cake Square	August 21 Sweet and Sour Meatballs (4) 1/2 cup Brown Rice 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Mixed Fruit 	August 22 Antipasto Salad (1½ ounces Ham/Salami, ½ ounce Mozzarella Cheese, 2 Olives) 1 cup Tossed Salad w/Tomato 1/2 cup Beets Whole Grain Dinner Roll 1/2 cup Sunset Peaches Italian Dressing Packets (2)	August 23 Bacon Bleu Burger (Burger, Bacon Round, and Bleu Cheese Crumble) 1 cup Creamy Potato Soup with Crackers Sandwich Roll Fresh Apple 
August 26 Salisbury Steak with Gravy 1/2 cup Cheddar Whipped Potatoes 1/2 cup Sweet Peas White Bread 1/2 cup Pears	August 27 Tuna Salad Sandwich with Lettuce and Tomato 1/2 cup Lentil Soup with Crackers 2 Slices White Bread Fresh Orange 	August 28 Chicken Parmesan with Marinara and Cheese Topping 1/2 cup Penne Pasta with Sauce 1 cup Tossed Salad with Dressing Italian Bread 4 ounces Apple Juice	August 29 Sweet Sausage Sandwich with Peppers and Sauce 1/2 cup Cheesy Potatoes Whole Grain Sausage Roll Fresh Melon 	August 30 Roasted Pork with Dijon Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight

**All meals are subject to change
Served Daily: Milk and Margarine**