



















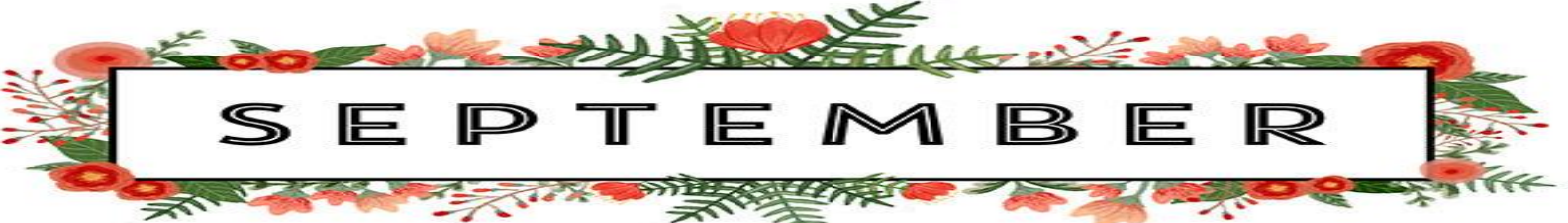


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 2	Labor Day Special	September 4	September 5	September 6
	Hot Dog with Sauerkraut 1/2 cup BBQ Butterbeans 1/2 cup Potato Salad Hot Dog Roll 1/2 cup Tropical Fruit 	Rotisserie Chicken with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Whole Grain Biscuit 1/2 cup Sliced Peaches 	Turkey Chef Salad (1 slice Turkey, Cheddar Cheese, and 1 Hard Boiled Egg) 1 cup Tossed salad with Cucumber 1 cup Summer Corn Chowder with Crackers Whole Grain Dinner Roll 1/2 cup Pineapple 	Roast Beef with Au Jus (3 ounces) 1/2 cup Roasted Redskins with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Banana 
September 9	September Birthdays	September 11	September 12	September 13
Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Peas Wheat Bread 1/2 cup Mixed Fruit 	Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Birthday Cake 	Baked Breaded Chicken Cutlet 1/2 cup Au Gratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Fruited Gelatin 	1/2 cup Seafood Salad over 1 cup Mixed Greens with Tomato and Hard Boiled Egg 1 cup Vegetable Soup with Crackers Whole Grain Dinner Roll 1/2 cup Cottage Cheese/Pineapples 	BBQ Ribette 1/2 cup Whipped Sweet Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears 
September 16	September 17	September 18	September 19	September 20
Roasted Sliced Turkey 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread Cookie 	Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Peach Crisp 	Honey Mustard Chicken Sandwich with Cheese 1/2 cup Parmesan Redskin Potatoes 1/2 cup Mixed Vegetables Sandwich Roll Cookie 	Santa Fe Salad 1 cup Mixed Greens with 3 ounces Diced Chicken, Cheddar Cheese, and 2 ounces Roasted Vegetables 1 cup Tortilla Soup with Tortilla Strips Dinner Roll 1/2 cup Pineapple Tidbits 	Breaded Pollock Filet 1/2 cup Vegetable Barley Pilaf 1/2 cup Carrots Wheat Bread Fresh Orange 
September 23	September 24	September 25	September 26	September 27
Roasted Pork Loin with Gravy 3 ounces Stuffing 1/2 cup Whipped Potatoes 1/2 cup Peas 1/2 cup Sliced Apples 	Mild Buffalo Chicken Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Cantaloupe 	Breakfast for Lunch Egg Omelet topped with Cheese 1 Sausage Patty 1/2 cup Breakfast Potatoes Whole Grain English Muffin with Jelly 4 ounces Orange Juice 	Mandarin and Cranberry Chicken Salad (3 ounces Chicken, 1 tbs Cranberry) 1 cup Mixed Greens and Cucumber, with 1 ounce Bleu Cheese Crumble, and Balsamic Dressing 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie 	Open Face Meatloaf Sandwich 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread 1/2 cup Sherbet 
September 30				
Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears				

All meals are subject to change
Served Daily: 8 ounces of Milk and 1 tablespoon of Margarine