















**October 2019**  
**Home Delivered Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p align="right"><b>October 1</b></p> <p>Egg Salad Sandwich with Lettuce and Tomato Macaroni Salad Tomato and Cucumber Salad White Bread Sliced Apples</p> <p align="right"></p>	<p align="right"><b>October 2</b></p> <p>Sloppy Joe Ranch Seasoned Potatoes Green Beans Whole Grain Sandwich Roll Mandarin Oranges</p>	<p align="right"><b>October 3</b></p> <p>Turkey Chef Salad with Turkey, Cheddar Cheese, and Hard Boiled Egg Tossed Salad with Cucumber Pasta Salad Whole Grain Dinner Roll Pineapple</p> <p align="right"></p>
<p><b>October 7</b></p> <p>Creamy Chicken Divan over White Rice Mixed Vegetables Breadstick Peaches</p> <p align="right"></p>	<p align="right"><b>October 8</b></p> <p>Turkey and Cheese Sandwich with Lettuce and Tomato Potato Salad Tomato Salad White Bread Applesauce</p>	<p align="right"><b>October 9</b></p> <p>Bratwurst Scalloped Potatoes Peas Hot Dog Roll Pears Mustard Packet</p> <p align="right"></p>	<p align="right"><b>October 10</b></p> <p>Greek Chicken Salad Diced Chicken, Black Olives, Red Onion, Tomato, Mozzarella Cheese Mixed Greens with Dressing Three-Bean Salad Dinner Roll Mandarin Oranges</p>
<p><b>October 14</b></p>  <p><b>SENIOR CENTERS CLOSED</b> <b>FROZEN MEAL</b></p>	<p align="right"><b>October 15</b></p> <p>Chicken Caesar Club with Lettuce, Tomato, and Cheese Parsley Redskin Potatoes Corn Sandwich Roll Blushed Pears Condiments</p> <p align="right"></p>	<p align="right"><b>October 16</b></p> <p>Salisbury Steak with Onion Gravy Cabbage and Noodles Diced Carrots Wheat Bread Pineapple Delight</p>	<p align="right"><b>October 17</b></p> <p>Cold Roast Beef and Cheese Sandwich Potato Salad Wheat Bread Fruit Juice Tropical Fruit</p> <p align="right"></p>
<p><b>October 21</b></p> <p>Smokey BBQ Burger Topped with BBQ Sauce, Crispy Onions, and Cheddar Cheese Buttered Potatoes Carrots Sandwich Roll Fresh Seasonal Fruit</p> <p align="right"></p>	<p align="right"><b>October 22</b></p> <p>Old Fashioned Spread Sandwich Pasta Salad Three-Bean Salad Wheat Bread Mixed Fruit</p>	<p align="right"><b>October 23</b></p> <p>Open-Faced Hot Turkey Sandwich with Gravy Whipped Potatoes with Chives Mixed Vegetables White Bread Applesauce</p> <p align="right"></p>	<p align="right"><b>October 24</b></p> <p>Cold Meatloaf Sandwich Macaroni Salad Beets White Bread Pears</p>
<p><b>October 28</b></p> <p>Lemon Pepper Chicken with Gravy Vegetable Rice Pilaf Green Beans Wheat Bread Fresh Fruit</p>	<p align="right"><b>October 29</b></p> <p>Grilled Chicken Sandwich with Cheese Broccoli Salad Sandwich Roll Mandarin Oranges Cookie</p> <p align="right"></p>	<p align="right"><b>October 30</b></p> <p>Chicken Taco with Lettuce, Taco Sauce, Sour Cream Seasoned Corn and Black Beans Seasoned Rice Soft Tortilla Shell Fresh Fruit</p>	<p align="right"><b>October 31</b></p> <p>Chef Salad Tossed Salad with Tomato and Dressing Carrot and Raisin Salad Dinner Roll Fruit Juice</p> <p align="right"></p>

\*\*\* All meals are subject to change \*\*\*  
\*\*\* Served daily: 8 ounces Milk and 1 teaspoon Margarine



**FRIDAY**

**October 4**

Roasted Pork with Apples  
Whipped Potatoes  
Carrots  
Mini Biscuit with Apple Butter  
Cookie

**October 11**

Warm Roast Beef Sandwich with Au Jus  
Ranch Potatoes  
Mixed Vegetables  
Sandwich Roll  
Tropical Fruit



**October 18**

Seafood Macaroni and Cheese  
Stewed Tomatoes  
Whole Grain Dinner Roll  
Fresh Fruit

**October 25**

Chicken and Biscuit  
Pepper Slaw  
Whole Grain Buttermilk Biscuit  
Warm Peaches

