

# November 2019 Home Delivered Meal Menu

Group			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Novembe	r 4 November 5	November 6	November 7
Mushroom Cheeseburger	Tuna Salad Sandwich	Mango BBQ Chicken Breast	Gilled Chicken Salad
Ranch Potatoes	with Lettuce and Tomato	Brown Rice	Diced Chicken, Mozzarella Cheese,
Wax Beans	Macaroni Salad	Coleslaw	Tomato, and Dressing
Hamburger Roll	Three-Bean Salad	Wheat Bread	Dinner Roll
Fresh Fruit	White Bread	Warm Apple-Cranberry Crisp	Mandarin Oranges
Trestition.	Fruit Juice	Training place enumberry ensp	Cookie
	Traite sailee		
November	11 November 12	November 13	November 1
Note in Ser	Chili Con Carne	Baked Chicken with Gravy	Ham Chef Salad
Veteran's Day	Tossed Salad with Tomato and Dressing	Whipped Potatoes	Ham, Egg, and Cheddar Cheese
	Baked Potato with Margarine	Carrots	over Mixed Greens with Tomato and
	Cornbread	Wheat Bread	Dressing
	Cookie	Applesauce	Pasta Salad
SENIOR CENTERS CLOSED	Cookie	Appresauce	Dinner Roll
FROZEN MEAL			Fresh Fruit
		Happy Thanksgiving	
Nvoember	18 November 19		November 22
Country Fried Chicken	Roast Beef and Cheddar Cheese Sandwich	Roasted Turkey with Gravy	Taco Salad
with Creamy Gravy	with Lettuce and Tomato	Whipped Potatoes	Meat and Cheese over Mixed Greens
Whipped Potatoes with Chives	Potato Salad	Homemade Stuffing	with Tomato, Taco Sauce, Sour Cream
Mixed Vegetables	Beets	Sliced Carrots	Corn and Black Bean Salad
Wheat Bread	Sandwich Roll	Cranberry Sauce	Nacho Chips
Fresh Fruit	Mixed Fruit	Slice of Pumpkin Pie	White Bread
			Pineapple
November	November 26	November 27	V.
Cottage Pie	Creamy Chicken Divan	Baked Ham with Fruit Sauce	
Stewed Beef and Vegetables in Gravy	over White Rice	Whipped Sweet Potatoes	C. C
Topped with Buttery Mashed Potatoes	Tossed Salad with Tomato and Dressing	Warm Beets	C
Coleslaw	Breadstick	Wheat Bread	<b></b>
Whole Grain Bread	Peaches	Fresh Fruit	
Warm Cinnamon Applesauce		1	Happy Th
		*** All meals are subject to change ***	

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\*\*\* Served daily: Milk and Margarine

# FRIDAY

#### November 1

Warm Turkey Reuben
Turkey, Sauerkraut, and Cheese
Seasoned Redskins
Mixed Vegetables
Whole Grain Sandwich Roll
Mixed Fruit
Condiments

# November 8

Swedish Meatballs over Egg Noodles Peas Wheat Bread Mixed Fruit Salad

## November 15

Lasagna with Meat Sauce
Topped with Mozzarella Cheese
Tossed Salad with Cucumber and Dressing
Breadstick
Diced Peaches

## November 22

Sloppy Joe Ranch Seasoned Potatoes Green Beans Whole Grain Sandwich Roll Mandarin Oranges

