










January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Center Closed <i>New Year's Day</i>	2 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 Seasonal Decorating (Jan & Feb.) 12:00 Lunch 12:30 Line Dancing 	3 9:00 Games 9:15 Book Club ~ Distribution <i>"The Dry" by Jane Harper</i> 10:30 Chair Volleyball 12:00 Lunch 12:30 Get N Step 1:00 Computer Q & A
6 9:00 Games 9:15 Strength Training for Seniors 10:15 Movie of the Month ~ <i>Grumpy Old Men</i> 11:00 BINGO 12:00 Lunch 1:00 I-Pad Q & A	7 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 Pictionary 12:00 Lunch 12:30 Line Dancing 	8 9:00 Games 9:00 Zumba 9:30 Scrabble Club 9 – 12:00 Outreach Program 11:00 Penny BINGO 12:00 Lunch 1:00 I-Pad/Computer Q & A	9 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 <i>Food Borne Illnesses</i> w/ Beth Miller from OSS 12:00 Lunch 12:30 Line Dancing 	10 9:00 Games 9 – 4:00 PA Farm Show Trip 10:30 GCCC Misc. Craft Day 12:00 Lunch 12:30 Get N Step 1:00 Computer Q & A <i>House Plant Appreciation Day</i>
13 9:00 Games 9:15 Strength Training for Seniors 10:00 APPRISE 11:00 BINGO 12:00 Lunch 1:00 I-Pad Q & A 	14 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 Art Studio w/ Jude 12:00 Lunch 12:30 Line Dancing	15 9:00 Games 9:00 Zumba 9:30 Scrabble Club 10:00 <i>"My Plate, Healthy Eating One Step at a Time" w/ Jean Gabsewics from the YCAA</i> 11:00 Penny BINGO 11:30 Bluebirds 12:00 Lunch 1:00 I-Pad/Computer Q & A	16 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 Pictionary 12:00 Lunch 12:30 Line Dancing 	17 9:00 Games 9:15 Brain Games/Trivia 10:30 STEM Project ~ Marshmallow Engineering 12:00 Lunch 12:30 Get N Step 1:00 Computer Q & A 
Center Closed <i>Martin Luther King Jr. Day</i>	21 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 W.I.N.G.S. Meeting 12:00 Lunch 12:30 Line Dancing	22 9:00 Games 9:00 Zumba 9:30 Scrabble Club 10:15 Blood Pressure Checks 11:00 Nickel BINGO 12:00 Lunch 1:00 I-Pad/Computer Q & A	23 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10-11:30 TAFE 12:00 Lunch 12:30 Line Dancing 	24 9:00 Games 9:15 Brain Games/Trivia 11:00 BINGO 12:00 Lunch 12:30 Get N Step 1:00 Computer Q & A 
27 9:00 Games 9:15 Strength Training for Seniors 10:00 Chair Volleyball 11:00 BINGO 12:00 Lunch 1:00 I-Pad Q & A	28 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10:30 Art Studio w/ Jude 12:00 Lunch 12:30 Line Dancing 	29 9:00 Games 9:00 Zumba 9:30 Scrabble Club 10:15 Blood Pressure Checks 11:00 Penny BINGO 12:00 Lunch 1:00 I-Pad/Computer Q & A	30 9:00 Games 9:15 ABC's of Fitness 9:30 Wii 10-11:30 TAFE 12:00 Lunch 12:30 Line Dancing	31 9:00 Games 9:15 Book Club ~ Discussion <i>"The Dry" by Jane Harper</i> 10:30 Superbowl Fun 12:00 Lunch 12:30 Get N Step 1:00 Computer Q & A 1:30 BINGO at the Villa