




January 2020
Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				
				
<p>January 6</p> <p>Sloppy Joe 1/2 cup Ranch Seasoned Potatoes 1/2 cup Green Beans Whole Grain Sandwich Roll 1/2 cup Mandarin Oranges</p> 	<p>New Year's Special</p> <p>January 7</p> <p>Roasted Pork 1/2 cup Sauerkraut 1/2 cup Whipped Potatoes Dunner Rikk Pineapple Upside Down Cake</p>	<p>January 8</p> <p>Chicken Alfredo over 3/4 cup Bowties 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Pineapple Tidbits</p> 	<p>January 9</p> <p>Warm Roast Beef with Cheese Sandwich 1 cup Homemade Vegetable Soup with Crackers Sandwich Roll 1/2 cup Mixed Fruit</p>	<p>January 10</p> <p>Country Fried Chicken with 2 ounce Creamy Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Wheat Bread Fresh Fruit</p> 
<p>January 13</p> <p>Bratwurst 1/2 cup Scalloped Potatoes 1/2 cup Peas Hot Dog Roll Mustard Packet 1/2 cup Pears</p>	<p>January Birthdays</p> <p>January 14</p> <p>Creamy Chicken Divan - 6 ounce over 1/2 cup White Rice 1 cup Tossed Salad with Tomato & Dressing Breadshick 1/2 cup Warm Peaches Birthday Cake</p> 	<p>January 15</p> <p>Cottage Pie (Stewed Beef and Vegetables in Gravy topped with Buttery Mashed Potatoes) 1/2 cup Coleslaw Whole Grain Biscuit 1/2 cup Warm Cinnamon Applesauce</p>	<p>January 16</p> <p>Greek Chicken Salad Diced Chicken, Black Olives, Red Onion, Tomato and Mozzarella Cheese 1 cup Mixed Greens with Dressing 1 cup Wedding Soup with Crackers Dinner Roll 1/2 cup Mandarin Oranges</p>	<p>January 17</p> <p>Baked Ham with Fruit Sauce 1/2 cup Whipped Sweet Potatoes 1/2 cup Warm Beets White Bread Fresh Fruit</p>
<p>January 20</p> <p>BBQ Pork Riblet 1/2 cup Season Potatoes 1/2 cup Lima Beans Sandwich Roll 1/2 cup Sliced Apples</p>	<p>January 21</p> <p>Salisbury Steak with 2 ounces Onion Gravy 1/2 cup Cabbage and Noodles 1/2 cup Diced Carrots Wheat Bread 1/2 cup Pineapple Delight</p>	<p>January 22</p> <p>Breaded Fish Square 1/2 cup Macaroni & Cheese 1/2 cup Stewed Tomatoes Whole Grain Dinner Roll Fresh Fruit</p> 	<p>January 23</p> <p>Baked Ziti (3/4 cup) with Meatballs (3) Marinara Sauce & 5 ounce Cheese Topping 1 cup Tossed Salad with Cucumber Drs. Garlic Breadsticks 1/2 cup Mixed Fruit Salad 4 ounce Fruit Juice</p>	<p>January 24</p> <p>Chicken Caesar Club with Lettuce, Tomato, Cheese and Condiments 1 cup Creamy Broccoli Soup with Croutons Sandwich Roll 1/2 cup Blushed Pears</p> 
<p>January 27</p> <p>Smokey BBQ Burger Top with Cheddar, BBQ Sauce, Crispy Onions 1/2 cup Ranch Potatoes 1/2 cup Cauliflower Sandwich Roll Fresh Seasonal Fruit</p> 	<p>January 28</p> <p>Open Face Hot Turkey Sandwich with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables 2 Slices White Bread 1/2 cup Applesauce</p>	<p>January 29</p> <p>Baked Meatloaf Marinara with Mozzarella Topping 1/2 cup Garlic Whipped Potatoes 1/2 cup Parmesan Corn Wheat Bread 1/2 cup Banana Pudding</p>	<p>January 30</p> <p>Chicken and Biscuit 1 cup 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Warm Peaches</p>	<p>January 31</p> <p>Sweet & Sour Roasted Pork Loin 1/2 cup Blended Rice Pilaf 1/2 cup Green Beans Whole Grain Dinner Roll 1/2 cup Mixed Fruit</p>

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 tablespoon Margarine