



**January 2020
Home Delivered Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 6 Sloppy Joe Ranch Seasoned Potatoes Green Beans Whole Grain Sandwich Roll Mandarin Oranges 		January 7 Cold Meatloaf Sandwich Three Bean Salad White Bread Mandarin Oranges Pudding 		January 8 Chicken Alfredo over Bowties Tossed Salad with Tomato and Dressing Italian Bread Pineapple Tidbits
January 9 Cold Roast Beef & Cheese Sandwich Potato Salad Beets Sandwich Roll Mixed Fruit 		January 10 Country Fried Chicken with Creamy Gravy Whipped Potatoes with Chives Mixed Vegetables Wheat Bread Fresh Fruit 		January 11 Old Fashioned Spread Sandwich Pasta Salad Sandwich Roll Sliced Apples Fruit Juice
January 12 Lasagna with Meat Sauce Topped with Mozzarella Tossed Salad with Cucumber and Dressing Breadstick Diced Peaches 		January 13 Bratwurst Scalloped Potatoes Peas Hot Dog Roll Mustard Packet Pears 		January 14 Chicken Salad Sandwich with Lettuce and Tomato Marinated Beans Pasta Salad White Bread Peaches
January 15 Cottage Pie (Stewed Beef and Vegetables in Gravy topped with Buttery Mashed Potatoes) Coleslaw Whole Grain Biscuit Warm Cinnamon Applesauce 		January 16 Greek Chicken Salad Diced Chicken, Black Olives, Red Onion, Tomato and Mozzarella Cheese Mixed Greens with Dressing Dinner Roll Mandarin Oranges & Cookie 		January 17 Baked Ham with Fruit Sauce Whipped Sweet Potatoes Warm Beets White Bread Fresh Fruit
January 18 Baked Ham with Fruit Sauce Whipped Sweet Potatoes Warm Beets White Bread Fresh Fruit 		January 19 Baked Ham with Fruit Sauce Whipped Sweet Potatoes Warm Beets White Bread Fresh Fruit 		January 20 Martin Luther King, Jr. Day
January 21 Salisbury Steak with Onion Gravy Cabbage and Noodles Diced Carrots Wheat Bread Pineapple Delight 		January 22 Breaded Fish Square Macaroni & Cheese Stewed Tomatoes Whole Grain Dinner Roll Fresh Fruit 		January 23 Grilled Chicken Salad (Chicken, Cheddar, Egg) Tossed Salad with Tomato, Dressing Pasta Salad Dinner Roll Fruit Juice
January 24 Warm Chicken Caesar Club with Lettuce, Tomato, Cheese and Condiments Seasoned Redskins Mixed Vegetables Sandwich Roll Blushed Pears 		January 25 Warm Chicken Caesar Club with Lettuce, Tomato, Cheese and Condiments Seasoned Redskins Mixed Vegetables Sandwich Roll Blushed Pears 		January 26 Warm Chicken Caesar Club with Lettuce, Tomato, Cheese and Condiments Seasoned Redskins Mixed Vegetables Sandwich Roll Blushed Pears
January 27 Smokey BBQ Burger Top with Cheddar, BBQ Sauce, Crispy Onions Ranch Potatoes Cauliflower Sandwich Roll Fresh Seasonal Fruit 		January 28 Turkey & Cheese Sandwich Macaroni Salad Carrot & Raisin Salad White Bread Applesauce 		January 29 Baked Meatloaf Marinara with Mozzarella Topping Garlic Whipped Potatoes Parmesan Corn Wheat Bread Banana Pudding
January 30 Chef Salad (Ham, Turkey, Mozz, Egg) Mixed Greens, Tomato, Dressing Beets Dinner Roll Fresh Fruit 		January 31 Sweet & Sour Roasted Pork Loin Blended Rice Pilaf Green Beans Whole Grain Dinner Roll Mixed Fruit 		January 31 Sweet & Sour Roasted Pork Loin Blended Rice Pilaf Green Beans Whole Grain Dinner Roll Mixed Fruit

*** All meals are subject to change ***
 *** Served daily: Milk and Margarine ***