
















March 2020 Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p style="text-align: right;">March 2</p> <p>Bratwurst -1 piece 1/2 cup Scalloped Potatoes 1/2 cup Wax Beans Hot Dog Roll Mustard Packet 1/2 cup Pears</p> 	<p style="text-align: right;">March 3</p> <p style="text-align: center;">March Birthdays</p> <p>Meatloaf 1/2 cup Mashed Potatoes 1/2 cup Mixed Vegetables Wheat Bread</p> <p style="text-align: center;">Birthday Cake</p>	<p style="text-align: right;">March 4</p> <p>Baked Ham with Fruit Sauce-1 oz sauce 1/2 cup Sweet Potatoes 1/2 cup Green Beans White Bread Fresh Fruit</p> 	<p style="text-align: right;">March 5</p> <p>Greek Chicken Salad (3 oz Diced Chicken, Black Olives, Red Onion, Tomato & Mozzarella Cheese) 1 cup Mixed Greens with dressing 1 cup Wedding Soup with crackers Dinner Roll 1/2 cup Mandarin Oranges</p>	<p style="text-align: right;">March 6</p> <p>Tuna Salad Sandwich-1/2 cup with Lettuce & Tomato 1/2 cup Potato Salad 1/2 cup Marinated Beans 2 slices Wheat Bread Fresh Fruit</p> 	
<p style="text-align: right;">March 9</p> <p>BBQ Pulled Pork-1/2 cup 1/2 cup Seasoned Potatoes 1/2 cup Coleslaw White Bread 1/2 cup Warm Apples</p> 	<p style="text-align: right;">March 10</p> <p>Baked Ziti 3/4 cup with Meatballs (3) Marinara Sauce with .5 oz Cheese Topping 1 cup Tossed Salad with cucumber and dressing Garlic Bread 1/2 cup Mixed Fruit Salad</p>	<p style="text-align: right;">March 11</p> <p>Chicken Caesar Club-1 each (w/lettuce, tomato, cheese & condiments) 1 cup Creamy Broccoli Soup with crackers Sandwich Roll 1/2 cup Blushed Pears</p> 	<p style="text-align: right;">March 12</p> <p>Salisbury Steak with Onion Gravy-1 each 1/2 cup Whipped Potatoes 1/2 cup Diced Carrots Wheat Bread 1/2 cup Pineapple Delight</p>	<p style="text-align: right;">March 13</p> <p>Seafood Mac & Cheese - 1 cup 1/2 cup Stewed Tomatoes Whole Grain Dinner Roll Fresh Fruit</p> 	
<p style="text-align: right;">March 16</p> <p>Sweet & Sour Roasted Pork-1 slice 1/2 cup Blended Rice Pilaf 1/2 cup Peas & Carrots Whole Grain Dinner Roll 1/2 cup Mixed Fruit</p>	<p style="text-align: right;">March 17</p> <p style="text-align: center;">St Patrick's Day Special</p> <p>Corned Beef & Cabbage-3/4 cup 1/2c. Mashed Potatoes 1/2c. Green Beans Dinner Roll 1/2c. Pistachio Pudding</p> 	<p style="text-align: right;">March 18</p> <p>Chicken & Biscuit-1 cup 1/2c. Pepper Slaw Whole Grain Buttermilk Biscuit 1/2c. Peaches</p>	<p style="text-align: right;">March 19</p> <p>Baked Meatloaf Marinara- 1 each 1/2 cup Au Gratin Potatoes 1/2 cup Corn Wheat Bread 1/2 cup Sliced Pears</p> 	<p style="text-align: right;">March 20</p> <p>Vegetable Lasagna-1 piece topped with Vegetable Cream Sauce 1 cup Tossed Salad with hard boiled egg, cucumber, & dressing Breadstick 1/2 cup Pineapple</p>	
<p style="text-align: right;">March 23</p> <p>Lemon Pepper Chicken with Gravy-1 piece 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread Fresh Fruit</p> 	<p style="text-align: right;">March 24</p> <p>Roasted Turkey -3 oz with Gravy- 2 oz 1/2 cup Sweet Potatoes 1/2/ cup Lima Beans White Bread 1/2 Cup Sliced Apples</p>	<p style="text-align: right;">March 25</p> <p>Chicken Taco- 3oz Chicken with 1 oz Sour Cream & Lettuce 1/2 cup Seasoned Corn & Blackbeans 1/2 cup Seasoned Rice Soft Tortilla Shell Fresh Fruit</p> 	<p style="text-align: right;">March 26</p> <p>Baked Porcupine Ball with Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Carrots Dinner Roll 1/2 cup Chocolate Pudding</p>	<p style="text-align: right;">March 27</p> <p>Breaded Fish Sandwich with Cheese & Lettuce 1c. Homemade Vegetable Soup w/crackers WG Sandwich Roll 1/2c. Mixed Fruit</p> 	
<p style="text-align: right;">March 30</p> <p>Pot Roast- 3 oz with 1 oz Gravy 1/2c. Parsley Potatoes 1/2c. Sliced Carrots Italian Bread Cookie</p>	<p style="text-align: right;">March 31</p> <p>Swedish Meatballs (4) over Noodles 1/2c. Peas Wheat Bread 1/2c. Mixed Fruit Salad</p> 				

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 tablespoon Margarine