






## April 2020 Congregate Meal Menu



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
|    |   |  |   |   |
|   | April 1   | April 2  | April 3   |   |
|   | Roasted Turkey- 3 oz<br>1/2c. Mashed Potatoes w/Gravy<br>1/2c. Mixed Vegetables<br>Wheat Bread<br>Cookie                                      | BBQ Ribette- 1 Ea<br>1c. Summer Potato & Corn Chowder<br>W/Crackers<br>Cornbread Square<br>Fresh Fruit                           | Maple Dijon Salmon- 1 Ea<br>1/2c. Garlic Buttered Orzo<br>1/2c. Peas<br>Wheat Bread<br>1/2c. Pineapple & Cherries   |    |
| April 6   | April Birthdays   | April 7  | April 8   | April 9   |
| Pepper Steak w/gravy- 1 Ea<br>1/2c. Rice Pilaf<br>1/2c. Green Beans<br>Wheat Bread<br>1/2c. Pears                                     |    | Chicken & Dumplings-1c.<br>1/2c. Pepper Slaw<br>Whole Grain Biscuit<br>1/2c. Warm Cinnamon Apples<br>Birthday Cake               | Warm Monte Cristo Sandwich<br>(Ham & Cheese On Fr. Toast Rounds)<br>(2.5oz sliced ham, .5oz cheese)<br>1c. Vegetable Soup W/Crackers<br>2 French Toast Round W/Syrup<br>1/2c. Tropical Fruit            | Roasted Pork w/gravy- 1 Slice<br>1/2c. Sauerkraut<br>1/2c. Whipped Potatoes<br>White Bread<br>Applesauce Cake                       |
| April 13  | April 14  | April 15   | April 16  | April 17  |
| <b>EASTER SPECIAL</b>   |   |  |   |    |
| Baked Ham W/Cloves- 3oz<br>1/2c. Baked Sweet Potato Supreme<br>1/2c. Mixed Vegetables<br>Rye Bread<br>White Cake w/Strawberry Topping | Beef Burgundy-1/2c.<br>1/2c. Bowtie Noodles<br>1/2c. Coin Carrots<br>Wheat Bread<br>Fresh Orange  | Orange Glazed Pork Loin- 1 Slice<br>1/2c. Blended Rice<br>1/2c. California Blend<br>Wheat Bread<br>1/2. Pineapple Tidbits        | Grilled Chicken Caesar Salad<br>1c. Mixed Greens (W/3oz Diced Chicken,<br>Parmesan, Tomato, Croutons, Dressing)<br>1c. Pasta Florentine Soup W/Crackers<br>Whole Grain Dinner Roll<br>1/2c. Mixed Fruit | Penne Bolognese<br>3/4c. Pasta w/4 oz Meat Sauce<br>1 c. Tossed Salad W/Dressing<br>Italian Bread<br>1/2c. Warm Peach Crisp         |
| April 20  | April 21  | April 22   | April 23  | April 24  |
| Baked Meatloaf W/Gravy- 1 Ea<br>1/2c. Mashed Potatoes<br>1/2c. Cream Corn<br>Wheat Bread<br>1/2c. Sherbet                             | Western Omelet W/Ham,<br>Peppers, Onions, Cheese- 1 Ea<br>1/2c. Breakfast Potatoes<br>Whole Grain English Muffin W/Jelly<br>4 oz Orange Juice | 3 oz Roasted Chicken Breast w/Gravy<br>3 oz. Stuffing<br>1/2c. Whipped Potatoes<br>1/2c. Mixed Vegetables<br>1/2c. Sliced Apples | Sweet & Sour Meatballs (4)<br>1/2c. Brown Rice<br>1/2c. Creamy Coleslaw<br>Wheat Bread<br>1/2c. Mixed Fruit   |    |
| April 27  | April 28  | April 29   | April 30  |   |
| Salisbury Steak w/Gravy - 1 Ea<br>1/2c. Cheddar Whipped Potatoes<br>1/2c. Corn & Pimentos<br>White Bread<br>1/2c. Pears               |    | Garlic Butter Flounder Fillet- 1 Ea<br>1/2c. Tuscan Mac & Cheese<br>1/2c. Italian Green Beans<br>Wheat Bread<br>1/2c. Pineapple  | Gnocchi Gratin w/Ham & Peas- 1 c.<br>1/2c. Creamy Coleslaw<br>Wheat Bread<br>1/2c. Warm Cinnamon Applesauce   | Mild Buffalo Chicken Salad Sandwich 1/2c.<br>W/Shredded Lettuce<br>1c. Baked Potato Soup W/Crackers<br>Sandwich Roll<br>Fresh Melon |
|    |   |  |   |   |

\*\*\* All meals are subject to change \*\*\*  
 \*\*\* Served daily: 8 ounces Milk and 1 tablespoon Margarine