

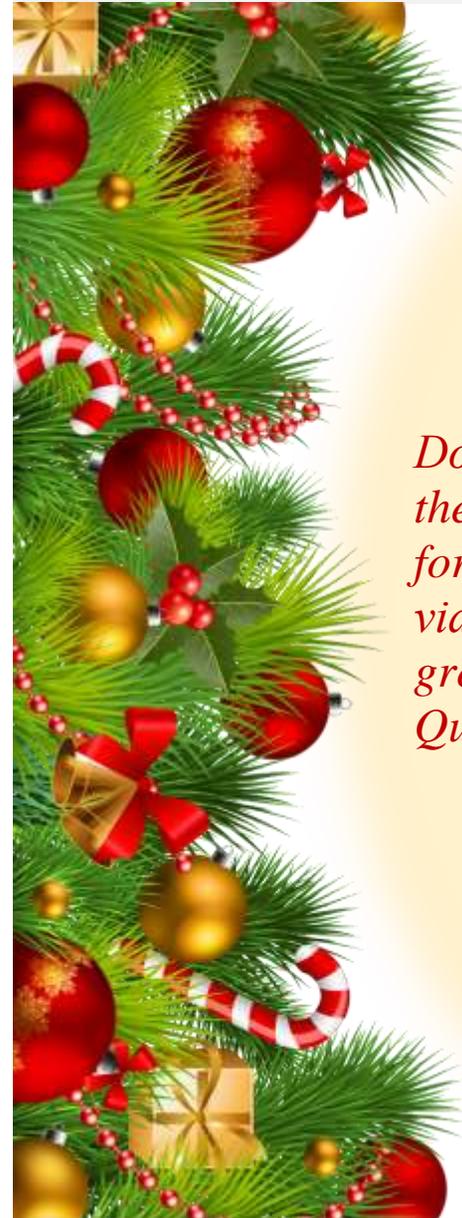


*"The Beauty of Christmas lies
not just in the date, but in
the feeling it gives."*

Golden
CONNECTIONS

~ Author Unknown

December 2020



Monthly Newsletter

*Don't forget to check out
the GCCC Facebook Page
for a variety of NEW
videos and articles. It's a
great way to fill time while
Quarantining!*

**Golden Connections
Community Center Staff**

Important

Thank You Red Lion VFW!

The Golden Connections Community Center would like to officially thank the Red Lion VFW for their generous donation of \$2,000. In a time of such uncertainty and confusion, the Red Lion VFW continues to think of others in need and extending a helping hand. The GCCC cannot express how much the Red Lion VFW's giving nature means to us and our senior membership. May we all be blessed this holiday season.

Meal Distribution Reminders:

- ❖ The Golden Connections Community Center will be distributing bag lunches on Wednesday, December 23rd in place of the regularly distributed hot meal. So, participants should plan to receive 1 cold bagged lunch and 2 frozen meals on this date.
- ❖ REMINDER: Lunches are strictly distributed ***Mondays, Tuesdays, & Wednesdays from 11:00 a.m. – 12:00 p.m.***, unless otherwise announced. Please be respectful of those times as staff is not available to hand meals out later due to the necessity to clean, disinfect, and sanitize all food prep areas after lunch distribution.

The Golden Connections Community Center would like to thank all our Sponsors for their continued support during this difficult time.

THANK YOU!

Travel Round Pt. 1

To find some riddles about travel, change each letter below to the one that comes 2 spaces after it in the alphabet. To do this, think of the alphabet as being in a circle and count two letters past the coded letter. For example, Z would be changed to B. The alphabet circle will help you find the right letters. Write the new words on the lines.

1. UFM RCJJQ NCMNJC UFCPC RM EM YLB

ECRQ YUYW UGRF GR? Y RPYTCJ YECLR.

2. UFW YPC YGPJGLC NYQQCLECPQ JGIC

DMMRZYJJ NYYWCPQ? ZMRF UYLR QYDC

RMSAFBMULQ.

Answers to last week's puzzles:

Travel Round Pt. 2

1. Why was Christopher Columbus a crook? Because he doubled crossed the Atlantic Ocean.
2. Why wasn't the elephant allowed on the plane? Because his trunk wouldn't fit under the seat.



Jokes

It has been said that '**Laughter Is the Best Medicine.**' So, here's to living a longer and healthier life.

I took the shell off of my racing snail, thinking it would make him faster.

But if anything, it made him more sluggish.

How does NASA organize a party?

They planet.

What's the best thing about Switzerland?

I don't know, but the flag is a big plus.

How many tickles does it take to get an octopus to laugh?

Ten tickles

Why doesn't Dracula have any friends?

Well, honestly, he's a real pain in the neck.

My teachers told me I'd never amount to much since I procrastinate so much.

I told them, "Just you wait!"

Why were they called the "dark ages?"

Because there were a lot of knights.

What gets wetter the more it dries?

A towel.

Why aren't koalas considered bears?

They do not have the right koala-fications.

Want to hear a joke about a roof?

The first one's on the house.



Notices

Reopen Guidance:

The Golden Connections Community Center is aware that there are questions regarding our reopening status. At this time, the State Department of Aging is recommending that if your county has a COVID positivity number of 5% or higher, then senior centers should shut down or remain closed. They recommend not reopening until you meet the 5% threshold consistently. Currently York County is above a 7% COVID positivity. Therefore, in accordance with the recommendations, the GCCC will remain closed at this time.

Holiday Pet Food:

Traditionally pet food is distribution to members of the center during the holiday season. Unfortunately, due to COVID-19, the GCCC will NOT be able to provide pet food for your pets this year. We hope to provide these services again in the future. Thank you for understanding.



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Did You Know...

- The total weight of all air on Earth is 11 quintillion pounds.
- “Time anxiety” occurs in a person when they are perpetually afraid of being late, or of others being late
- Ant queens can live for up to 30 years.
- In 2014, Princeton researchers determined that Facebook would lose 80% of its users by 2017
- Eight of the ten largest statues in the world are of Buddha’s.
- Garrett McNamara holds the record for the largest wave ever surfed, set in 2011 in Nazare, Portugal. The wave was 78 feet tall.
- The logo on the Red Bull cans are not cattle, but a type of bovine called a “gaur”.
- In Bruges, Belgium, there is an underground pipeline that runs 2 miles to transfer beer from a brewery to the bottling plant.
- The collective group of lemures is called a conspiracy.
- The first Primark store opened in Dublin in June 1969 under the name Penney’s.
- Captive tigers in the U.S. alone outnumber the number of wild tigers worldwide.
- The 1831 London Bridge was sold in 1962 when it needed to be replaced. It was bought by Lake Havasu City, Arizona, to help tourism.
- Scrapy-Doo, widely considered to be one of the most hated characters in fiction, has not appeared in an animated Scooby-Doo production since 1988 due to audience backlash.
- Roughly 33% of cats are not affected by catnip. The euphoric reaction commonly associated with catnip is hereditary.
- Facebook will track and record nearly everything you do if you browse the web while logged in to your Facebook account.

Hair & Nails with Missy



Don't let the pandemic keep you from getting your hair or nails done! Contact Missy Trimmer for a home visit or to go to her private and clean salon right at her home. To get rates or schedule an appointment in the comfort of your home or hers please contact her at **717-577-7285!**

SHERLOCK HOLMES' PUZZLES OF DEDUCTION

PUZZLE 11

To pass the time while traveling on a long train journey, Sherlock Holmes sent his colleague, Dr. Watson, a little teaser to work out. See the diagram below:

7			=19
		5	=16
	3		=10
=15	=16	=14	=17

“What do you want me to do with this, Holmes?” asked Watson. “Simple, my dear Watson. Insert the following numbers in their proper place so that each column adds up to the number indicated. The missing numbers are : 4, 6, 1, 2, 8, 9.”

By the time their train journey had ended, Watson had failed to complete the teaser correctly.

Can you do better?

Answer to Last week's Crime Mystery:

PUZZLE 10

The wine in the smaller glass was one-sixth of the total liquid, while the wine in the larger glass was two-ninths of the total. Add these together to reveal that the wine was seven-eighteenths. Therefore, the poison content has to be eleven-eighteenths.



Share the Love with Vulnerable Seniors This Year

Exciting news! For the 13th year running, the Meals on Wheels network is participating in [the 2020 Subaru Share the Love Event](#). Over the past several years, Subaru and its retailers have helped Meals on Wheels to deliver more than 2.2 million meals nationwide to seniors in need.

Why does Subaru support Meals on Wheels? Too many seniors are struggling to stay independent and healthy. **One in four seniors lives alone in isolation and one in seven seniors might not know where their next meal is coming from.** This is simply unacceptable, which is why Golden Connections Community Center provides the nutritious meals and safety checks to seniors in York County. This vital support keeps seniors in their own homes, where they want to be.

This November 19, 2020, through January 4, 2021, for every new Subaru vehicle purchased or leased, Subaru will donate to the customer's choice of participating charities. Meals on Wheels is one of the national participating charities and has been since the inception of the event. Through this event, as a member of Meals on Wheels America, Golden Connections Community Center will receive a share of the donation from Subaru vehicles sold at participating Subaru Retailers.

With all of this in mind, the Golden Connections Community Center will host a **Stuff the Trunk Event** to collect non-perishable food items. This Event will run from November 30th through December 11th, and after collection is complete, all items received will be given to local seniors in need this holiday season. Please consider joining us and donating an item to help those less fortunate. What better way to begin the holiday season than to Share the Love!

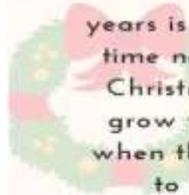


CHRISTMAS FUN FACTS



Interesting Numbers about Christmas

15



years is the average time needed for a Christmas tree to grow to 6-8 feet, when they're ready to be sold.

30K

participants joined the largest ever Secret Santa, organised by Reddit in 2012.

3

billion Christmas cards (and sometimes more) are sent in the US alone each year.

Christmas around the world



KFC marketing in Japan is so successful that it's become a tradition to have KFC for Christmas Eve.



Every Christmas Eve, Caracas residents go to church on roller skates.



Norwegians hide their brooms as they believe that evil spirits come out on Christmas Eve looking for brooms to ride on.

Did you know?

In Greek culture, kissing under the mistletoe was considered an unspoken promise to marry



Eating a mince pie on each of the 12 days of Christmas is believed to bring good luck

Round glass Christmas ornaments were inspired by the shape of apples, symbolising the Garden of Eden



Thoughts with T

One of you gave me a suggestion for an article. I thought about it a lot since I spoke to you and thought December was a good time to share...

Lifesavers, YUM! Who remembers getting the book full of them for Christmas? I do! My mom always gave them to us in our Christmas stockings each year. My sister, brother and I would then sit and "exchange" them to try and get our favorites. I also remember wearing those swimming wings when I was learning how to swim and remember putting them on my own children when they were learning to swim too. Lifesavers also can come in the form of people. I will always remember the little girl in the Sears department store where I worked saving my life by asking me a simple question. That question led me to call my doctor and that led to me having emergency surgery the very next day! Had it not been for her, I would not be here today writing to you now and I am forever grateful to her. I will never know her name, where she lives, or even know her if I passed her on the street. All I know is that I have always wished her the very best in life as she has given me mine. That's what lifesavers do, they make you smile, support you when you are failing and even save your life when you are in danger.

Christmas for me is about celebrating THE LIFE that saved me, but I also know it means different things to different people. Whatever it means to you, ALWAYS remember that a kind word or a giving heart can be a lifesaver for someone. Let's strive to be a lifesaver not only for this month, but for the rest of our lives. I mean, how AWESOME and INSPIRING would it be to spread joy and happiness to those around us, especially strangers on the street?! The funny part... when you become a lifesaver, you are not only inspiring/helping/supporting someone, but you are also being an inspiration/helper/supporter to yourself.

Be sweet like the cherry lifesavers, our you can be sour like the sour apple flavored ones. BUT spoiler alert... even the sour apple flavored lifesavers can still bring a smile to a face because after you get past the sour, there is just a bit of sweetness to make you go back for more!

Just saying,

T

P.S. Don't be a Character, have some

If any members would like to reach out to T for advice or to suggest any topics of discussion for upcoming articles then please reach out to Kasie Ream, at 717-244-7229 or email at socialservices@gcccenter.com and she will connect you to T for consideration

Recipe of the Week

The Golden Connections Community Center received a copy of a Recipe book that was created by Senior Center Members some years ago as a fundraiser. Members shared family recipes in this book and now the GCCC is proud to share them once again with members new and old. Look for a new recipe to be highlighted every week! We hope you enjoy!

German Apple Cake

Ingredients:

- 1 c. salad oil
- 3 eggs
- 2 c. sugar
- 1 Tbsp. Vanilla
- 1 tsp. baking soda
- ½ tsp. salt
- 2 c. flour
- 2 tsp. Cinnamon
- 1 c. chopped walnuts or pecans
- 4 c. chopped apples, peeled



Beat salad oil and eggs until mixture is like syrup. Add sugar, vanilla, baking soda and salt. Mix. Then add remaining ingredients, except nuts and apples. Mix well. Add apples and nuts last. (Batter will be stiff.) Bake in greased and floured 9 X 13 pan. Bake at 350 degrees for 1 hour.

Icing:

- 1 ½ Tbsp. butter or margarine
- ¾ c. 10x sugar
- 1 tsp. vanilla
- 3 to 4 oz. cream cheese, softened

Mix icing while the cake is baking. Spread over cake while it is still warm.

This recipe was share by Karen L. Weston

Outdoor Programming

Exercise & Line Dance Class

All Exercise and Line Dance Classes have been **CANCELLED for December.**

We are very grateful that we have been able to continue classes this long. But at this time, with the steady decline in temperatures and inability to host classes indoors, the GCCC will postpone classes until further notice. Stay tuned to our



Newsletters and Facebook page for any new information and updates.

TAFE

*Join us for an hour of socially distant creativity on **Wednesdays, at 10:45 a.m.!** In these uncertain times, it is still so important to come together in a spirit of fun and connection. TAFE will join members of the GCCC in the parking lot, as they wait to receive their congregate meals to highlight music via recordings or live performers that will make you smile and sway. We will also offer a series of no contact games and activities that exercises your voices, bodies, and imaginations! Together we will enjoy an hour of friendship and fun.*



Garden & Crafting Corner



Instructions:

Cut the burlap into 8 – 10-inch pieces. Then I cut those pieces vertically down the middle. Otherwise, the ribbon is too wide and looks wonky when tied in a knot on the lights.



Choose a pattern in the order you want the colors to show. Start tying those burlap strips around the wire. The garland pictured was tied once around. You can double knot if you wish but you will need to cut longer strips than the 8 – 10 inches allowed for this tutorial.

Repeat. Over and Over.

Materials Needed:

- Clear 100 white mini lights
- Burlap ribbon in natural, red, and green – you will need roughly 30 feet of each ribbon
- Scissors



You can use this same technique for many different holidays or party décor as seen below for the 4th of July and Halloween:

