JUNE 2021 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	June 1 Roasted Pork w/ Mushroom Sauce 1/2c Vegetable Rice Pilaf 1/2c Green Beans Wheat Bread 1/2c Pineapple Delight	June 2 Baked Meatloaf w/ Gravy 1/2c Baked Potato w/ Margarine 1/2c Wax Beans Wheat Bread Cookie	Tuna Salad Sandwich w/ Lettuce & Tomato 1c Lentil Soup w/ Crackers Sandwich Roll	June 4 Baked Breaded Chicken Cutlet 1/2c Scalloped Potatoes 1/2c Tomato & Cucumber Salad White Bread 1/2c Peaches
June 7 Baked Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Beets Wheat Bread Cookie	June 8 Spaghetti & Meatballs (4) w/ Marinara 3/4c. Pasta w/ Sauce 1c Tossed Salad w/ Dressing Italian Bread 1/2c Pineapple	June 9 Warm Roast Beef Sandwich w/ Mozzarella 1/2c Roasted Parmesan Redskins 1/2c Carrots Sandwich Roll Fresh Banana	Chicken Scallopini 1/2c Blended Rice 1/2c Brussel Sprouts Wheat Bread 1/2c Applesauce	June 11 Turkey Chef Salad (turkey,cheddar,egg) 1c Tossed Salad w/ Cucumber 1c Creamy Cauliflower Soup WG Dinner Roll 1/2c Mixed Fruit
June 14 BBQ Riblette 1c Summer Potato & Corn Chowder w/ Crackers Cornbread Square Fresh Fruit	Fiesta Chicken Salad	June 16 Kielbasa 2 Tbsp. Sauerkraut 1/2c. Whipped Potatoes 1/2c Green Beans 2 WW Bread 1/2c Apple Crisp	Roasted Sliced Turkey 1/2c Mashed Potatoes w/ Gravy 1/2c Mixed Vegetables Wheat Bread	June 18 Maple Dijon Salmon 1/2c Garlic Buttered Orzo 1/2c Peas Wheat Bread 1/2c Pineapple & Cherries
Happy Father's Day!! Bratwurst 2oz Sauerkraut Topping 1/2c Potato Salad 1/2c Baked Beans Hot Dog Roll Mustard Packet	June 22 Grilled Chicken Caesar Salad 1c Mixed Greens (Diced Chicken, Parmesan, Tomato, Croutons) 1c Pasta Florentine Soup w/ Crackers WG Dinner Roll 1/2c Mixed Fruit	June 23 Chili Cheese Hot Dog (2oz Chili, .5oz Cheddar) 1/2c Baked Potato 1/2c Green Beans Hot Dog Roll 1/2c Cinnamon Applesauce	Beef Burgundy 1/2c Bowtie Noodles	June 25 Vegetable Lasagna 1oz Shredded Mozzarella 1c Tossed Salad w/ HB Egg Italian Bread 1/2c Warm Peach Crisp
June 28 Brunch Lunch Western Omelet w/ Ham, Cheese, Peppers, Onions 1/2c Breakfast Potatoes WG English Muffin w/ Jelly 4oz Orange Juice	June 29 Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Cream Corn Wheat Bread 1/2c Pudding	June 30 BBQ Glazed Turkey Burger w/ Cheddar 1c Creamy Broccoli Soup w/ Crackers Sandwich Roll Fresh Fruit		Nutrition of Group