





January 2022 Home Delivered Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 3 Potato Crusted Fish Cheesy Potatoes Stewed Tomatoes Wheat Bread Fresh Fruit	January 4 New Years Special!! Roasted Pork Sauerkraut Whipped Potatoes Dinner Roll Pineapple Upside Down Cake	January 5 Creamy Chicken Divan White Rice Tossed Salad Italian Breadstick Mandarin Oranges	January 6 Swiss Steak w/Onion Gravy Cabbage & Noodles Diced Carrots Wheat Bread Blushed Pears	January 7 Chili Cheddar Cheese Tossed Salad Cornbread Applesauce
January 10 Baked Meatloaf w/Gravy Vegetable Rice Pilaf Green Beans Wheat Bread Fresh Fruit	January 11 Pot Roast w/ Gravy Mashed Potatoes Coin Carrots Italian Bread Cookie	January 12 Chicken Bruschetta Pesto Pasta Mixed Greens Salad w/ Drs Island Blend Vegetables Dinner Roll Angel Food Cake w/ Berries & Topping	January 13 Penne & Meatballs Pasta w/ Sauce Tossed Salad w/ Dressing Garlic Breadstick Mixed Fruit Salad	January 14 Egg Omelet w/ Cheese Sausage Links Breakfast Potatoes Wheat English Muffin w/ Jelly Fresh Fruit
January 17 Martin Luther King Day! Centers CLOSED	January 18 BBQ Chicken Thigh Bowtie Pasta Tossed Salad Wheat Bread Fresh Fruit	January 19 Salisbury Steak w/ Gravy Mashed Potatoes Coleslaw Wheat Bread Sliced Pears	January 20 Baked Porcupine Ball w/Tomato Sauce Garlic Whipped Potatoes Carrots Dinner Roll Fresh Fruit	January 21 Tuna Noodle Casserole (Tuna, Noodles) Peas & Carrots Wheat Bread Pineapple & Cherries
January 24 Baked Ham Slice w/ Fruit Sauce or Raisins Sweet Potatoes Coin Carrots Wheat Bread Sliced Pears	January 25 Baked Lasagna Tossed Salad Garlic Breadstick Cinnamon Applesauce	January 26 Pulled Turkey w/ Gravy Mashed Potatoes Green Beans Wheat Bread Cookie	January 27 Crab Cake Slider Parmesan Noodles Baked Beans Dinner Roll Mandarin Oranges	January 28 Roasted Pork w/ Apples Whipped Potatoes w/ Chives Mixed Vegetables Mini Biscuit w/ Apple Butter Fresh Fruit
January 31 Taco Salad w/ Lettuce & Tomato Spanish Rice Corn & Black Bean Salad Nacho Chips Pineapple Delight			<p><i>*menu subject to change</i></p>	

*** All meals are subject to change ***

*** Served daily: 8 ounces Milk and 1 tablespoon Margarine