		April 2022 Congregate Meal Menu		*menu subject to change
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Nutrition Group	April showers May flowers			April 1 FROZEN
April 4 Baked Meatloaf w/ Gravy 1/2c Ranch Potatoes 1/2c Beets 1 White Bread Seasonal Fresh Fruit		April 6 Glazed Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1/2c Pudding	1c Supreme Pizza Casserole 1c Tossed Salad 1/2c Green Beans 1 White Bread	April 8 1/2c. Tuna Salad Sandwich w/ Lettuce & Tomato 1/2c Three Bean Salad 2 White Bread Seasonal Fresh Fruit
April 11 Creamy Chicken & Biscuit (3oz Chicken & 1 Biscuit) 1/2c Mixed Vegetables Fresh Fruit Cookie	April 12 BBQ Pork Ribette 1/2c Sweet Potato Bites 1/2c Green Beans 1 Wheat Bread 1/2c Pineapple Delight	April 13 Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	April 14 Creamy Vegetable Lasagna 1oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Mixed Fruit	April 15 HOLIDAY CENTER CLOSED
April 18 Swedish Meatballs (4) 1/2c Rice 1/2c Roasted Brussel Sprouts 1 Italian Breadstick 1/2c Mandarin Oranges	HAPPY EASTER!! Baked Ham w/ Raisin Sauce Sweet Potatoes Green Beans Wheat Bread Cookie	Pepper Steak w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	Baked Lemon Pepper White Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	Hawaiian Pork Loin 1/2c Buttered Noodles 1/2c Island Blend Vegetables Strawberry Shortcake w/ 1/2c Fresh Strawberries
April 25 Beef Taco Salad 1c Lettuce/Tomato 1/2c. Spanish Rice 1/2c Corn Tortilla Chips 1/2c Pineapple Delight	April 26 1/2c. Homestyle Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 White Bread Cookie	April 27 Teriyaki & Lemon Grass Chicken Dumplings 1/2c Vegetable Rice Pilaf 1/2c Green Beans 1 Wheat Bread Seasonal Fresh Fruit	Penne & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad 1 Garlic Breadstick	April 29 Egg Omelet w/ Cheese 2 Sausage Links 1/2c Breakfast Potatoes 1 Wheat English Muffin w/ Jelly Seasonal Fresh Fruit
		*** Served daily: Milk and Margarine		