

**October 2022
Home Delivered Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 3 Sweet & Sour Pork Rice Broccoli & Cauliflower Blend Dinner Roll Fresh Fruit	October 4 Popcorn Chicken Whipped Potatoes Corn Biscuit Peaches 	October 5 Stuffed Pepper Casserole Garlic Whipped Potatoes Coin Carrots Wheat Bread Pudding	October 6 Turkey Chef Salad (Turkey, Egg, Cheddar, over Mixed Greens w/ Tomato) Mixed Vegetables Dinner Roll Gelatin	October 7 Sloppy Joe Ranch Roasted Potatoes Green Beans Hamburger Bun Fresh Fruit 
October 10 CLOSED COLUMBUS DAY	October 11 Pasta Primavera (Chicken, Cheese, Broccoli, Carrots, Onions, Peppers) Noodles Breadstick Mixed Fruit	October 11 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine Beets White Bread Seasonal Fresh Fruit 	October 12 Lasagna Rollup w/Shredded Cheese Tossed Salad w/ Tomato Italian Bread Fresh Fruit	October 13 Moroccan Beef Vegetable Rice Oriental Vegetables Wheat Bread Mandarin Oranges 
October 17 BBQ Pork Ribette Hashbrown Cubes Green Beans Sandwich Bun Pineapple Delight 	October 18 Chicken Alfredo Noodles Broccoli White Bread Warm Apple Cranberry Crisp	October 19 Cheeseburger w/ Lettuce, Tomato Potato Salad Hamburger Roll Seasonal Fresh Fruit	October 20 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread 1 Cookie	October 21 Salmon Croquette Parmesan Garlic Noodles Peas Wheat Bread Fresh Fruit
October 24 Burgundy Glazed Meatballs Rice Roasted Brussel Sprouts Italian Breadstick Mandarin Oranges	October 25 Grilled Chicken Salad (Chicken, Cheddar, over Mixed Greens w/ Tomato) Broccoli Salad Dinner Roll Fruited Gelatin	October 26 Pepper Steak w/Gravy Whipped Potatoes Diced Carrots Wheat Bread Blushed Pears	October 27 Hawaiian Pork Loin Buttered Noodles Island Blend Vegetables Fresh Seasonal Fruit Cookie	October 28 Roast Beef w/ Gravy Mashed Potatoes Mixed Vegetables White Bread Pudding
October 31 Happy Halloween Ghostly Chili Fingers & Ant Salad Hocus Pocus Juice Moldy Biscuit Pumpkin Potion 				

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 tablespoon Margarine