



**February 2023
Home Delivered Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		February 1 Burgundy Glazed Meatballs Rice Roasted Brussel Sprouts Italian Breadstick Mandarin Oranges	February 2 Hawaiian Pork Loin Buttered Noodles Island Blend Vegetables Fresh Seasonal Fruit Cookie	February 3 Roast Beef w/ Gravy Mashed Potatoes Mixed Vegetables White Bread Pudding
February 6 Western Omelet w/ Ham, Peppers, Onions, Cheese Sausage Patty Breakfast Potatoes English Muffin w/ Jelly Apple Juice	February 7 BBQ Chicken Breast Brown Rice Coleslaw Wheat Bread Fresh Orange	February 8 Pot Roast w/ Gravy Mashed Potatoes Coin Carrots Italian Bread Cookie	February 9 Penne & Meatballs Pasta w/ Marinara Tossed Salad w/ Tomato Garlic Breadstick Mixed Fruit Salad	February 10 Creamy Parmesan Pork Chop Diced Redskin Potatoes Green Beans Dinner Roll Pineapple Tidbits Cookie
February 13 Chicken Marsala w/Sauce Rice Pilaf Corn Wheat Bread Fresh Fruit	February 14 HAPPY VALENTINE'S DAY! Chicken Rosa Baked Potato w/ Sour Cream Sweet Peas & Onions Dinner Roll Strawberry Fluff	February 15 Stadium Hot Dog Cheesy Potatoes Hot Dog Roll Pineapple & Mandarin Oranges	February 16 Salisbury Steak w/ Gravy Baked Potato w/ Margarine Mixed Vegetables Wheat Bread Gelatin	February 17 Chicken Stew Pepper Slaw Whole Grain Buttermilk Biscuit Warm Peaches
February 20 PRESIDENT'S DAY! CENTERS CLOSED	February 21 Swedish Meatballs w/ Gravy Buttered Noodles Peas Dinner Roll Seasonal Fresh Fruit	February 22 ASH WEDNESDAY Baked Cod Macaroni & Cheese Stewed Tomatoes Wheat Bread Seasonal Fresh Fruit	February 23 Baked Chicken w/gravy Whipped Potatoes w/ Chives Mixed Vegetables Mini Biscuit w/ Apple Butter Cookie	February 24 Tuna Salad Sandwich w/ Lettuce & Tomato Potato Salad Beets Wheat Bread Sliced Peaches
February 27 Sweet & Sour Pork Rice Peas Dinner Roll Fresh Fruit	February 28 Breaded Chicken Patty Whipped Potatoes Corn Biscuit Peaches			

*** All meals are subject to change ***
*** Served daily: 8 ounces Milk and 1 tablespoon Margarine