JUNE 2023 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nutrition Nutrition Group	*menu subject to change		June 1 Baked Chicken Cutlet 1/2c Whipped Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie	June 2 Tuna Salad Sandwich w/lettuce & tomato 1/2c Coleslaw 2 White Bread Fresh Orange
1/2c. Roasted Parmesan Redskins 1/2c. Carrots 1 Sandwich Roll Fresh Banana	June 6 Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Potato Salad 1 Dinner Roll 1/2c Gelatin	Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce	Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad	June 9 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
1/2c Rice Pilaf 1/2c Green Beans 1 Wheat Bread 1/2c Peaches	Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes	Hawaiian Chicken Breast	June 15 Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Mandarin Oranges	June 16 Baked Crab Cake Over 1c. Mixed Greens w/ Tomato & Hardboiled Egg 1/2c Fresh Broccoli Salad 1 Dinner Roll 1/2c. Pineapple
1/2c. Brown Rice 1/2c. Carrots Wheat Bread	June 20 Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding	Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly	June 22 Southern Seafood Cake 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit	June 23 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad
1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits	Chicken Cacciatore		Pizza Burger 1/2c Cheesy Potatoes	June 30 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread 1/2c Gelatin

*** Served daily: Milk and Margarine