

December

York County

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p><i>*menu subject to change based on availability</i></p>			<p>1</p> <p>Chicken Cobb Salad (2oz Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Pickled Diced Beets 1 Dinner Roll 1 Piece Cake</p>
<p>4</p> <p>1c. Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Sliced Apples</p>	<p>5</p> <p>Sweet & Sour Meatballs(4) 1/2c. Rice 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>6</p> <p>1c. Stuffed Pepper Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding</p>	<p>7</p> <p>Honey Rosemary Chicken 1/2c Buttered Noodles 1/2c Green Beans 1 White Bread 1/2c Peaches</p> <p>NEW ITEM</p>	<p>8</p> <p>Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit</p>
<p>11</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears</p>	<p>12</p> <p>Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Three Bean Salad 1 Dinner Roll 1/2c Gelatin</p>	<p>13</p> <p>BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>14</p> <p>1/2c. Tuna Salad Sandwich w/lettuce & tomato 1/2c Potato Salad 2 White Bread Fresh Orange</p>	<p>15</p> <p>1/2c. Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie</p>
<p>18</p> <p>1/2c. Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp</p>	<p>19</p> <p>Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit</p> 	<p>20</p> <p>Christmas Special! 1/2c. Roast Turkey w/ Gravy 1/4c Homemade Stuffing 1/2c Whipped Potatoes 1/2c Seasoned Peas & Carrots Dinner Roll Apple Pie</p>	<p>21</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin</p>	<p>22</p> <p>Maple Mustard Salmon 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit Plus Bag Lunch CLOSE AT NOON</p> <p>NEW ITEM</p>
<p>25</p> 	<p>26</p> <p>Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Carrots 1 Breadstick 1/2c Applesauce</p>	<p>27</p> <p>Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges</p>	<p>28</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Pickled Beet Salad 1 Wheat Bread 1/2c Fruited Gelatin</p>	<p>29</p> <p>Roasted Pork w/ Peach Glaze 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie Plus Bag Lunch CLOSE AT NOON</p>



December 2023



Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Brain/Board Games 9:15 Feel the Beat 9:30 Altered Books ~Class Choice 9:30 Cornhole 10:15 Music Residency 11:30 Lunch 12:00 Penny BINGO
4 9:00 Brain/Board Games 9:15 Strength Training 10:00 Wii Bowling League A 10:30 Member's Door Decorating Contest 11:30 Lunch 12:00 Penny BINGO	5 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Lunch & Learn w/ LMH 10:30 Basic Steps Line Dance 11:30 Lunch 12:00 Line Dancing 12:00 Wii Bowling League B	6 9:00 Brain/Board Games 9:15 CBS Class 10:15 Armchair Travelers ~ Christmas in Bethlehem 10:30 Christmas Coloring 10:30 Wii Bowling Championship Party 11:30 Lunch 12:00 Golden Angels ~ Holiday Cookies 12:00 Qigong	7 Start of 12 Days of Christmas! 9:00 Brain/Board Games 9:30 Christmas Picture Day 9:45 Stix & Tones 10:30 Basic Step Line Dance 11:30 Lunch 12:00 Wii/Games 12:00 Line Dancing 12:15 Winter Walk Challenge	8 9:00 Brain/Board Games 9:15 Feel the Beat 9:30 Arts & Craft ~Make Christmas Wreathes 10:15 Music Residency 10:30 Gentle Seated Yoga 10:30 Nail Art w/ Kam & Amanda 11:30 Lunch 12:00 Penny BINGO
11 Christmas Sweater Day 9:00 Brain/Board Games 9:15 Strength Training 9:30 Blood Pressure Checks 10:30 Garden Club ~Garden Maintenance 11:30 Lunch 12:00 Penny BINGO	12 9:00 Brain/Board Games 9:45 Stix & Tones 10:00 Tech Tuesday 10:00 Christmas Cards 10:30 Basic Step Line Dance 11:30 Lunch 12:00 Line Dancing	13 9:00 Brain/Board Games 9:15 CBS Class 9:30 Judging of Staff & Member's decorated Doors 10:15 Bible Study 10:30 Share The Love event 11:30 Lunch 12:00 Qigong 12:00 Hope Squad	14 Christmas Hat Day! 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Reverse Mortgage w/ George Dillman 10:30 Basic Step Line Dance 11:30 Lunch 12:00 Wii/Games 12:00 Line Dancing 12:15 Winter Walk Challenge	15 9:00 Brain/Board Games 9:15 Feel the Beat 9:30 Altered Books ~Family Collage 9:45 Christmas Cookie Swap 10:15 Music Residency 11:30 Lunch 12:00 Penny BINGO
18 9:00 Brain/Board Games 9:15 Strength Training 10:00 Wii Bowling League A 10:30 Family Feud 11:30 Lunch 12:00 Christmas Penny BINGO	19 9:00 Brain/Board Games 9:45 Stix & Tones 10:00 Secret Santa Yankee Swap 10:30 Line Dancing Video 11:30 Lunch 12:00 Line Dancing video	20 9:00 Brain/Board Games 9:15 CBS Class 9:30 Socrates Café 9:45 Hot Chocolate Gift Craft 10:30 Pictionary 11:30 Lunch 12:00 Golden Angels ~Paint Holiday Rock Art	21 9:00 Brain/Board Games 9:30 Christmas Party 9:45 Dessert Auction 10:30 Basic Step Line Dance 11:30 Lunch 12:00 Wii/ Games 12:00 Line Dancing	22 9:00 Brain/Board Games 9-11 Pet Food Distribution 9:15 Feel the Beat 9:45 Arts & Craft ~ Make Holiday Stove top Potpourri 11:00 Lunch + Bagged Lunches Closing at 12:00 p.m.
25 <div>Closed</div> Christmas Day	26 <div>Closed</div>	27 9:00 Brain/Board Games 9:15 CBS Class 9:30 Grocery Game 10:15 Bible Study 10:30 Arts & Crafts w/ Kam ~Tealight Snowman 11:30 Lunch 12:00 Hope Squad 12:00 Qigong	28 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Now You Have It 10:30 Basic Step Line Dance 11:30 Lunch 12:00 Wii/Games 12:00 Line Dancing 12:15 Winter Walk Challenge	29 9:00 Brain/Board Games 9:15 Feel the Beat 9:30 Altered Books ~ New Year, New Adventures 10:15 Music Residency 11:00 Lunch Closing at 12:00 p.m.