March 2024

3Monday	Tuesday	Wednesday	Thursday	Friday		
				9:00 Brain/Board Games 9:15 CBS Class 9:30 Peanut Butter Tasting! 9:30 Independent Art & Altered Book 10:30 Blank Slate 11:30 Lunch 12:00 Penny BINGO		
9:00 Brain/Board Games 9:15 Strength Training w/ Kasie 9:45 HulaHoop Race 10:30 Garden Club ~Educational Gardening 11:00 Kerplunk Game 11:30 Lunch 12:00 Penny BINGO	9:00 Brain/Board Games 9:45 Stix & Tones 10:30 Arts & Crafts w/ Ami ~ Bee Happy 10:30 Basic Steps Line Dance 11:00 Thumball Q&A Game 11:30 Lunch 12:00 Line Dancing 12:00 Wii/Games	9:00 Brain/Board Games 9:15 CBS Class 10:15 Chair Volleyball 11:00 Quarter LCR Game 11:30 Lunch 12:00 Qigong 12: 00 Armchair Travelers ~New Zealand	7 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Extending Your Life w/ Jill Kaylor 10:30 Line Dance Video 11:30 Lunch 12:00 Line Dancing w/ Linda 12:00 Caregiver Class 12:00 Get N' Step	8 9:00 Brain/Board Games 9:30 Arts & Crafts w/ Kam ~ St. Patrick's Day Hanging Art 10:00 Balloon Toss 10:15 Gentle Seated Yoga 11:00 Gold Coin Toss 11:30 Lunch 12:00 Penny BINGO		
9:00 Brain/Board Games 9:15 Movie Of The Month	9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Who's Got Gold Game 10:30 Line Dance Video 11:30 Lunch 12:00 Line Dancing w/ Linda 12:00 Kitchen Academy ~ Tomato Tartlets with Puff pastry 12:00 Wii/Games	9:00 Brain/Board Games 9:15 Walk a Mile Video 10:15 Bible Study 10:15 Pictionary Game 11:00 Left or Right Group Game ~Hosted by Hope Squad 11:30 Lunch 12:00 Qigong 12:00 Hope Squad Meeting	12:00 Get N Step 14 9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Who was Saint Patrick? w/ Amanda Pina 10:30 Line Dance Video 10:45 Now You Have It 11:30 Lunch 12:00 Line Dancing w/ Linda 12:00 Get N' Step	15 Wear Green! 9:00 Brain/Board Games 9:15 Walk a Mile Video 9:30 Independent Art & Altered Book 10:15 Straight Face Game 11: 00 Leprechaun Hunt 11:30 Bagged Lunch 12:00 Quarter Auction		
9:00 Brain/Board Games 9:15 Strength Training w/ Kasie 9:30 Hot Potato Game 10:30 Garden Club	9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Tech Tuesday 10:15 The More You Know	9:00 Brain/Board Games 9:15 CBS Class 9:30 Socrates Cafe 10:15 Giant Bowling 11:00 Headband Hoops Game 11:30 Lunch 12:00 Qigong 12:00 Giant Tic Tac Toe	9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Trivia w/ Bella Burgey From Homeland at Home 10:30 Basic Steps Line Dance 11:30 Lunch 12:00 Line Dancing 12:00 Get N' Step	9:00 Brain/Board Games 9:30 Arts & Crafts w/ Kam ~ Bumble Bee Wooden Art 10:15 Gentle Seated Yoga 10:15 Family Feud 11:00 Four Square 11:30 Lunch 12:00 Penny BINGO		
9:00 Brain/Board Games 9:15 Strength Training w/ Kasie 9:30 Grocery Memory Game 10:30 Blood Pressure Checks 10:30 Kerplunk Game 11:30 Lunch 12:00 Quarter BINGO	9:00 Brain/Board Games 9:45 Stix & Tones 10:15 Chair Volleyball 10:30 Basic Steps Line Dance 11:30 Lunch 12:00 Line Dancing 12:00 Wii/Games	9:00 Brain/Board Games 9:15 CBS Class 10:15 Bible Study 10:15 Blank Slate Game 11:00 Ping Pong 11:30 Lunch 12:00 Qigong 12:00 Hope Squad Check in	9:00 Bain/Board Games 9:30 Easter Party Games! 9:45 Stix & Tones 10:30 Basic Step Line Dance 11:00 Easter Egg Hunt! 11:30 Bagged Lunch 12:00 Line Dancing 12:00 Get N' Step	CLOSED		



Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Nutrition				Breaded Fish Sandwich 1/2c Cheesy Potatoes 1/2c Peas 1 Hamburger Bun 1/2c Cottage Cheese & Peaches
4 Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	5 Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Green Beans 1 Breadstick 1/2c Applesauce	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	8 Creamy Egg Salad Sandwich Lettuce & Tomato 1c Tomato Soup w/ Crackers 2 Whole Wheat Bread 1/2c Cinnamon Applesauce
BBQ Pulled Pork 1/2c Creamy Coleslaw 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	Cheeseburger Stroganoff 1/2c Green Beans 1 Breadstick Fresh Fruit	Chicken Cobb Salad {Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Diced Beets 1 Dinner Roll 1/2c Pudding	Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Apple Crisp	Bagged Lunches
Honey Rosemary Chicken 1/2c Diced Potatoes 1/2c Green Beans 1 White Bread 1/2c Peaches	Pizza Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding	Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Com 1 White Bread 1 Cookie	Tuna Salad Sandwich w/lettuce & tomato 1c Cream of Potato Soup 2 White Bread Fresh Orange
BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit	Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	Swedish Meatballs 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears	Bagged Lunches	Closed