



October

York County

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Chicken Patty w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p>2</p> <p>Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin</p>	<p>3</p> <p>1c Pizza Casserole 1c Tossed Salad 1/2c Peas & Carrots 1 Wheat Bread 1/2c Pudding</p>	<p>4</p> <p>NEW ITEM</p> <p>Chicken Alfredo 1/2c Noodles 1/2c Mixed Vegetables 1 Garlic Breadstick 1/2c. Warm Apple Cranberry Crisp</p>
<p>7</p> <p>Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>8</p> <p>Chicken Bacon Carbonara (3oz Chicken, 1/2o Bacon) 1/2c Pasta 1/2c Mixed Vegetables 1 Breadstick 1/2c Mandarin Oranges</p> <p>NEW ITEM</p>	<p>9</p> <p>Tuna Salad Sandwich (4oz) 1c Roasted Pumpkin Soup 1/2c Coleslaw 2 Wheat Bread Fresh Fruit</p>	<p>10</p> <p>Baked Ravioli (6) w/ Tomato Cream Sauce 1/2c Green Beans 1/2c Mandarin Oranges 1 Italian Bread</p>	<p>11</p> <p>Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie</p>
<p>14</p> <p>Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Applesauce</p>	<p>15</p> <p>Sweet & Sour Pork 1/2c. Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>16</p> <p>Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit</p> <p>NEW ITEM</p>	<p>17</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 Wheat Bread Peach Crisp</p>	<p>18</p> <p>BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight</p>
<p>21</p> <p>Cheese Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>22</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick 1/2c Mandarin Oranges</p>	<p>23</p> <p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>24</p> <p>NEW ITEM</p> <p>Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p>	<p>25</p> <p>Open Faced Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pudding</p>
<p>28</p> <p>Creamy Parmesan Pork Chop 1/2c Cubed Potatoes 1/2c Spinach 1 Wheat Bread Cookie</p>	<p>29</p> <p>Pizza Burger (1oz Sauce, ..5oz Mozzarella) 1/2c Lemon Buttered Orzo 1/2c Carrots Hamburger Bun 1/2c Fruit Crisp</p> <p>NEW ITEM</p>	<p>30</p> <p>Chicken Bruschetta 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit</p> <p></p>	<p>31</p> <p>Happy Halloween!</p> <p>Lasagna w/ Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit</p>	