## Some-Bunny Special!

At Golden Connections, we are incredibly grateful for the generous support of our sponsors, whose contributions make a world of difference to our community. Your kindness helps us provide valuable programs, events, and resources for our members, ensuring that we continue to thrive together. Thank you for believing in our mission and for your unwavering support. We couldn't do it without you!









## COLDEN CONNECTIONS

### COMMUNITY CENTER NEWSLETTER

### APRIL 2025

#### center reminders

- Please do not block our emergency routes. All members should be parking in a parking spot even when picking up to-go lunches.
- Ensure you are signed up for all lunches and transportation for the month.
- Bring pennies to play Penny BINGO on Mondays & Fridays at 12 p.m.
- Bring Quarters to play Quarter BINGO on the last Monday of the month.



#### center updates

- The Craft Room is open and available for members every day to enjoy diamond dot art or independent art.
- Check out our re-done Information/ Resource library through our Exercise wing!
- Sign-up to enjoy our new drumming class called Golden Beats!
- The center will be hosting various fundraising events for members to participate and support.

#### **Donations** needed

- New or used Blankets (for Pet Shelter)
- Easter Candy
- Laundry Detergent
- Dish Detergent
- Food/ Snacks for our Spring Fling Dance!
- Colored pencils
- Dry Erase Markers
- Paint Brushes

20 GOtham Place Red Lion PA 17356 (717) 244-7229

# upcoming Events & Fundraisers

#### **Line Dance Workshop**

Get ready to step, stomp, and shuffle your way into a great time! The Golden Connections Community Center is thrilled to partner once again with Jean Carter to bring you a Beginner/Improver Line Dance Workshop on Saturday, April 12th, 2025, from 10:00 AM – 2:00 PM! Here is what's in store: doors will open at 9:30 a.m. and step sheets will be provided. Learn from the best – Jean has been lighting up dance floors for 20+ years! Beginners are welcome. Preregistration is required as space is limited. The event is open to the public and should prove to be fun for all ages. Refreshments will be available for purchase, along with raffles and 50/50 tickets. For more information or to pre-register, contact Kasie Ream, Executive Director, at

executivedirector@gcccenter.com or 717-244-7229 ext. 106. You can also register online by visiting www.gcccenter.com. Don't miss your chance to dance, laugh, and make memories! Whether your brand new to line dancing or looking to brush up on your skills, this workshop is for YOU! See you on the dance floor!

### Community Yard Sale Extravaganza

Looking for a place to sell your treasures? We've got you covered! Join the Golden Connections Community Center for a yard sale in conjunction with the Red Lion Community Yard Sale event on June 13<sup>th</sup> & 14<sup>th</sup>, 2025 from 8:30 a.m. - 2:00 p.m.! Whether you're clearing out your attic, selling handmade goods, or just want to make some extra cash, our space is YOUR space! Indoor and outdoor spaces will be rented to community members for \$15 per 12 ft. x 12ft. space, perfect for those who don't have their own yard or driveway to sell from! Come for the deals – Stay for the Fun! Not only can you snag some amazing bargains, but you'll be part of a lively community event! Spots are filling up fast, so don't wait - Reserve your space today and be part of the ultimate yard sale weekend! If you are interested or would like more information regarding this event, please contact Amanda Pina, Director of Social Services at 717-244-7229 ext. 103 or by emailing socialservices@gcccenter.com.

#### 2025 Golf Tournament

The Golden Connections Community Center is happy to announce the 2025 "Tee it High & Let it Fly" Annual Golf Tournament to be held on Saturday, May 17<sup>th</sup>, 2025, at Cool Creek Golf Club in Wrightsville, PA. Get ready to swing, relax, and enjoy a day in the sun at this fun-filled tournament, all while supporting an amazing cause. Whether you're a seasoned pro or a weekend warrior, it's about good times, great company, and maybe a little friendly competition! The Tournament format will be a team scramble – captain's choice. The GCCC is looking for sponsors to make this event even bigger and better – and golfers ready to take on the course. It's your chance to be part of a great day of fun, community and fabulous golf!

Want in? Here's how: If you are interested or would like more information regarding this event, please contact Kasie Ream, Executive Director at 717-244-7229 ext. 106 or by emailing <a href="mailto:executivedirector@gcccenter.com">executivedirector@gcccenter.com</a>. You can also

<u>executivedirector@gcccenter.com</u>. You can also register online by visiting <u>www.gcccenter.com</u>. Come for the golf, stay for the laughs – we can't wait to see you there!

### 2025 Calendar of Events:

- April 12: Line Dance Workshop
- May 17: Golf Tournament
- June 13 & 14: Community Yard Sale
- August 30: Longaberger Basket Bingo
- September 19: Open House
   & Health/Wellness Fair
- October 18: Makers Market

New or used/like new donations needed for raffle/gift baskets. Please consider donating to help the GCCC find success in all our fundraisers and thank you for your kindness and generosity!

## ARTS & CRAFTS

## PRESSED FLOWER LANTERNS

When: April 4th

Time: 10 A.M.

cost: \$4 per person

see Amanda, Director of Social Services to Secure your Spot!



## DIAMOND DOT ART CREATIONS

When: Everyday

Time: All Day

Cost: \$2 per piece

services to purchase diamond dots



## SPEAKERS & Activities

#### Jolynn Holtzman A valued partner of the GCCC

Golden Connections Community Center is grateful for the ongoing support of Jolynn Holtzman from Community Benefit Solutions, whose generosity and dedication have made a lasting impact on our members. As a proud sponsor of the center, Jolynn has continually gone above and beyond to enhance the experiences of those we serve. From providing thoughtful goodies to brighten our members' days to offering valuable resources and guidance, Jolynn has been a true friend to Golden Connections. Her unwavering support helps create a welcoming and enriching environment for everyone who walks through our doors. We are excited to welcome Jolynn once again as she visits the center to host a special activity for our members on Thursday April 3<sup>rd</sup> at 10:30 AM. Her presence is always met with enthusiasm, and we appreciate all she does to bring joy, support, and meaningful engagement to our community.

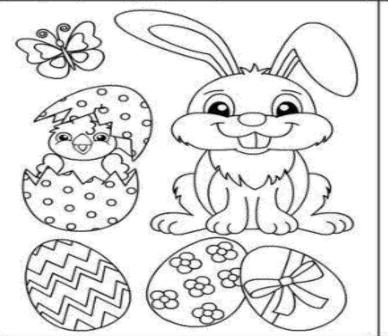
Thank you, Jolynn, for your kindness and dedication—we are lucky to have you as part of the Golden Connections family!

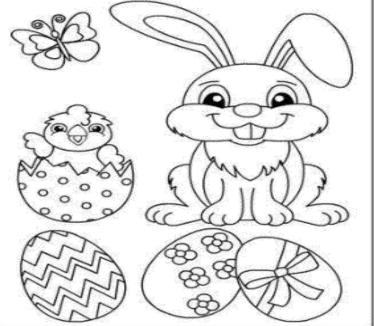
### Balloon Tennis with Amanda

Get ready to bounce, bat, and belly laugh your way through a thrilling round of Balloon Tennis with our Director of Social Services! This lighthearted game is all about quick reflexes, teamwork, and, most importantly, having a blast! Prizes are on the line, so bring your competitive spirit (or just a great sense of humor) and get ready to volley your way to victory! Whether you're a seasoned pro or a first-time player, everyone is welcome to join in on the fun. Mark your calendars on **Thursday April 10<sup>th</sup> at 10:30 a.m.** Grab your game face, and let's serve up some smiles together!

### **Easter**

### Spot 5 differences!





# upcoming socials elebrations



#### Spring Fling Dance

You're Invited to Our Spring Fling Dance on Friday April 11<sup>th</sup>! Put on your best florals and spring attire and join us at 10:30 a.m. for a morning of music, dancing, and fun! Let's celebrate the season in style with great company and lively tunes. Don't miss this chance to shake off the winter blues and welcome spring with a swing!

#### Easter Triathlon!!

Spring is in the air, and it's time to put your game face on for our Easter Triathlon! Join us on **Tuesday April 15**th at 12:00 p.m. as teams and individuals take on a series of egg-citing Easter-themed challenges designed to test your speed, agility, and festive spirit. Expect plenty of laughs, friendly competition, and, of course, sweet rewards!





#### **Caster Social**

Join us for a festive Easter Social on **Thursday April 17**<sup>th</sup> **at 10:00 a.m.** filled with music, games, raffles, and plenty of springtime fun! Gather with friends, enjoy some laughter, and celebrate the season with us. You won't want to miss this egg-citing event!

### earth Day Festival

Join us on **Tuesday Aprill 22**<sup>nd</sup> starting at **10:00 a.m.** for an exciting Earth Day Festival! We'll play games, learn about our beautiful planet, and discover easy, environmentally friendly practices we can all try. Let's come together to celebrate and care for the Earth!





## Health & Wellness Education

## monday April 7th DIY Herb Gardens

Join us at **10:30 a.m.** to learn how to grow fresh, flavorful herbs right at home. Perfect for cooking, teas, and wellness. This hands-on class is fun, easy, and a great way to bring a little greenery into your life! Don't miss out, Let's get planting!



## monday April 14th Grounding

Enjoy a special Health & Wellness Class on Grounding at 10:30 a.m.! Learn how connecting with the earth can boost your health, reduce stress, and improve overall well-being. Discover simple techniques to bring balance and energy into your daily life!

Come reconnect, recharge, and feel the benefits of grounding!

# monday april 21st The power of Vitamin D

Members can gear up for an informative class on The Power of Vitamin D at 10:30 a.m. Learn how this vital nutrient supports your bones, boosts your immune system, and enhances overall well-being. Discover easy ways to get your daily dose of sunshine and feel your best!

Let's soak up the benefits together!

## monday April 28th HOW to Detox

Detox Your Way to Wellness with a refreshing Health & Wellness Class at 10:30 a.m.! Learn simple and effective ways to cleanse your body, boost your energy, and improve your overall health. It's the perfect time to refresh and rejuvenate!

Let's detox together and feel our best!

# WHAT'S COOKING IN •••••• KITCHEN ACADEMY!?



Have you ever wanted to participate in our GCCC Kitchen Academy class, but it filled up before you even got the chance to sign-up? Well, for April and May we put away our ovens and hot plates, & welcome no bake recipes for bigger capacity classes! Meaning more members- more fun!!



### Cucumber Tea Sandwiches

When: Wednesday April 2nd

Time: 10:00 a.m.

COSt: \$5 Per Person SIGN-UP IS MANDATORY

see amanda director of social services to secure your spot

## 5 Layer Dip

When: Wednesday May 7th

Time: 10:00 a.m.

Cost. \$8 per person

SIGN-UP IS MANDATORY

see amanda director of social services to secure your spot

