

SPONSORS

As the flowers bloom and the days grow brighter, we'd like to take a moment to celebrate the amazing sponsors who help our center flourish all year long. Like sunshine after the rain, their support brings warmth, growth, and joy to everything we do. From special events to meaningful programs, we couldn't do it without them.



Ginnie Kite
MBA, NHA, Realtor,
Senior Real Estate Specialist

- Know your home value
- Work with an elite professional
- We take the worry away

Cell: 717-356-3774
Office: 717-840-4848
ginnie@ginniekitegroup.com
www.ginniekitegroup.com
1770 E. Market Street York, PA 17402

RE/MAX PATRIOTS
The Ginnie Kite Group

Serving Pennsylvania & Maryland



GOLDEN CONNECTIONS COMMUNITY CENTER



MAY 2025 NEWSLETTER



Center Reminders:

- Please do not block our emergency routes. All members should be parking in a parking spot even when picking up to-go lunches.
- Ensure you are signed up for all lunches and transportation for the month.
- Bring pennies to play Penny BINGO on Mondays & Fridays at 12 p.m.
- Bring Quarters to play Quarter BINGO on the last Monday of the month.

Center Updates:

- The Craft Room is open and available for members every day to enjoy diamond dot art or independent art.
- Check out our re-done Information/Resource library through our Exercise wing!
- Sign-up to enjoy our new drumming class called Golden Beats!
- Ask how you can support or participate in upcoming fundraising events!

Donations Needed:

- Hot Dogs, Hot Dog Buns, & Chips for our Memorial BBQ on May 23rd.
- Chips & Salsa for our 5 De Mayo Party!
- Empty Wine bottles for an upcoming craft on May 30th.
- REAL BUTTER FUND!! Help us provide real butter rather than margarine for our members.
- Golden Angels needs candy to fill Treat bags for our Home Delivery Members.
- Consider participating in our optional \$1 Cover all Game!



20 Gotham Place Red Lion PA 17356

717-244-7229



UPCOMING EVENTS & FUNDRAISERS

Give Local York 2025 Support, Celebrate, Move!

The Golden Connections Community Center (GCCC) is proud to announce our participation in this year's Give Local York, the largest day of giving in York County. From 9:00 p.m. on May 1 to 9:00 p.m. on May 2, for 24 hours only, our community will come together to support local nonprofits that make a real difference in the lives of York County residents. We invite you to be a part of this incredible day by supporting GCCC and helping us continue to serve older adults with the programs and services they deserve. Donating is easy and impactful. Simply visit givelocalyork.org on May 2, 2025, search for Golden Connections Community Center, and make a donation of \$5 or more. Every contribution made during this 24-hour window is boosted by bonus funds and prizes from Give Local York sponsors, which means your support will go even further in helping us strengthen our mission.

As part of our participation, the Golden Connections Community Center will be hosting a Fitness Marathon on the day of the event to raise awareness about the importance of staying active as we age. Throughout the day, we'll be offering a variety of fun and engaging fitness activities, from Cardio Drum and Qigong sessions to dance and movement classes, all designed to celebrate the power of movement. Staying physically active is one of the most important ways older adults can maintain their independence, prevent chronic conditions, and boost their emotional well-being. At the GCCC, we believe that movement is more than exercise—it's a celebration of life, community, and strength at every age. We hope you'll join us on May 2 to give, move, and make a lasting impact!

Community Yard Sale Extravaganza

Looking for a place to sell your treasures? We've got you covered! Join the Golden Connections Community Center for a yard sale in conjunction with the Red Lion Community Yard Sale event on June 13th & 14th, 2025 from 8:30 a.m. – 2:00 p.m.! Whether you're clearing out your attic, selling handmade goods, or just want to make some extra cash, our space is YOUR space! Indoor and outdoor spaces will be rented to community members for \$15 per 12 ft. x 12ft. space, perfect for those who don't have their own yard or driveway to sell from! Come for the deals – Stay for the Fun! Not only can you snag some amazing bargains, but you'll be part of a lively community event! Spots are filling up fast, so don't wait – Reserve your space today and be part of the *ultimate* yard sale weekend! If you are interested or would like more information regarding this event, please contact Amanda Pina, Director of Social Services at 717-244-7229 ext. 103 or by emailing socialservices@gccccenter.com.

2025 Golf Tournament

The Golden Connections Community Center will host the 2025 "Tee it High & Let it Fly" Annual Golf Tournament to be held on Saturday, May 17th, 2025, at Cool Creek Golf Club in Wrightsville, PA. The GCCC is looking for golfers ready to take on the course. It's your chance to be part of a great day of fun, community and fabulous golf! If you are interested or would like more information regarding this event, please contact Kasie Ream, Executive Director at 717-244-7229 ext. 106. Come for the golf, stay for the laughs – we can't wait to see you there!

2025 CALENDAR OF EVENTS

- May 17: Golf Tournament
- June 13 & 14: Community Yard Sale
- August 30: Longaberger Basket Bingo
- September 19: Open House & Health/Wellness Fair
- October 18: Makers Market

New or used/like donations needed for raffle/gift baskets. Please consider donating to help the GCCC find success in all our fundraisers and thank you for your kindness and generosity!



ARTS & CRAFTS

We're delighted to announce that our craft room is now open every day for independent art sessions, even on dates when we don't host formal crafts! Whether you're painting, crafting, or exploring your creative side, feel free to use the space at your convenience. Please remember, our craft room operates on a self-service basis. We kindly ask everyone to clean up after themselves and keep track of their art projects. This helps us maintain a tidy and welcoming environment for all.



Painted Fairy Garden Pot

Date: Friday May 16th

Time: 10 a.m.

Fee: FREE

**Register by May 15th **



Painted Wine Bottle Vases

Date: Friday May 30th

Time: 10 a.m.

Fee: FREE

**Register by May 29th **

DIAMOND DOT ART

Diamond Dot Art has taken over Golden Connections! This fun and easy craft has become a favorite around the center—relaxing, creative, and oh-so-satisfying. We offer a variety of Diamond Dot art for just \$2 each, and all the supplies you need to get started are available right here at the center. Stop by Monday through Friday between 8:30 AM and 2 PM to pick one up and join the sparkle-filled fun!





SPEAKERS

Cognitive Games & Spring Safety Tips with our Platinum Sponsor Ginnie Kite!

We're excited to welcome our Platinum Sponsor, Ginnie Kite from the Remax Patriots: Ginnie Kite Group on Thursday May 8th at 10:30 a.m. for a special visit filled with helpful tips and engaging fun! Join us as Ginnie shares valuable Spring Safety Tips to help you stay safe and confident this season. Plus, she'll lead us through some games designed to boost cognitive health. Fun, interactive, and great for keeping your mind sharp! Don't miss this wonderful opportunity to learn, laugh, and connect.

Visit with Jill Kaylor From Visiting Angels

We're excited to welcome Jill Kaylor from Visiting Angels on Thursday, May 15th at 10:30 a.m. for a special presentation! Jill will be sharing helpful insights on how to enhance our health through socialization. A fun and engaging session you won't want to miss. Come join us for an informative and enjoyable morning with one of our favorite community guests!

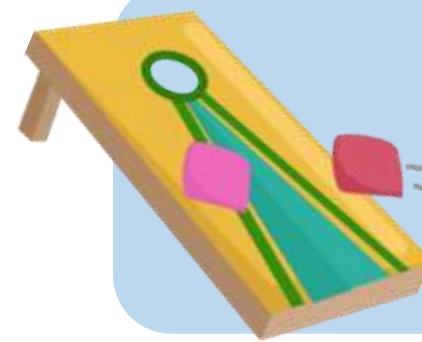
Spring Crafting with Jolynn Holtzman from our Sponsors Community Benefit Solutions

We're thrilled to welcome back Jolynn Holtzman from Community Benefit Solutions on Thursday May 22nd at 10:30 a.m. for a Floral Cupcake Liners Craft! Join us for a fun and creative time as Jolynn guides us on transforming cupcake liners into floral creations to celebrate the season. You never know what she has up her sleeve but it's always a hit! Don't miss this chance to get crafty and enjoy some springtime fun!



Let the good times bloom at our Spring Field Day on Wednesday, May 28th at 12:00 PM! This celebration will be packed with fun and friendly rally outdoor themed games designed to bring on the laughs and a little lighthearted competition. From team challenges to classic favorites with a springtime twist, there's something for everyone to enjoy. Join us for an afternoon of joy, games, and great company—come ready to play and have a blast! Sign-ups are required! Prizes will be available for members who participate.

UPCOMING SOCIALS & CELEBRATIONS



Cornhole Tournament!

Get ready to toss those bags and bring your A-game! Join us for a Cornhole Tournament on Tuesday, May 6th at 12:00 PM right here at the GCCC. Whether you're a seasoned pro or just in it for the fun, this friendly competition is open to all skill levels. Sign-up with a partner by May 5th. The winning team takes home a prize! Don't miss out on the laughs, cheers, and a little friendly rivalry. Let's see who rules the boards!

Let's Party!

Join us for a fun-filled Cinco de Mayo Celebration on Monday, May 5th from 10:00–11:30 AM! We'll be turning up the music, enjoying a fully loaded Taco Bar, and celebrating Mexican culture with color, laughter, and fun group games! Come for the good vibes, stay for the fun activities like customizing your own maraca, and maybe even learn a thing or two!



Mother's Day High Tea!



You're cordially invited to our Mother's Day High Tea on Friday, May 9th at 10 a.m. A charming celebration to honor the wonderful women in our lives. Enjoy a delightful morning of tea, sweet and savory treats, and warm company in an elegant setting. Tickets are FREE and can be acquired from Amanda Pina Director of Social Services. However, donations are welcome. Sign-up is **REQUIRED**. This is a lady's only event! Don your favorite floral or fancy hat and join us for this lovely occasion filled with grace, gratitude, and good cheer!

Hot Diggity Dog!

Join us as we honor and remember with good food and great company at our Memorial Day BBQ on Friday, May 23rd from 10:30 AM to 12:00 PM! We'll be firing up the grill and serving up classic favorites—hotdogs, chips, and refreshing drinks—all in the spirit of community and gratitude. Come enjoy the sunshine, by playing outdoor group games like Bocce Ball, Ladder Golf, Corn hole, & even take your chances at Ax throwing! share a smile, and celebrate the heroes who served. Let's kick off the holiday weekend together!



HEALTH & WELLNESS EDUCATION



The Science of Happiness

Want to learn how to boost your mood and live a more joyful life? Join us for The Science of Happiness on Monday May 12th at 10:30 a.m. In this uplifting class, we'll dive into what makes us truly happy and how we can increase our well-being through simple, everyday practices. From gratitude exercises to positive mindset tips, you'll leave feeling inspired and equipped with tools to improve your happiness every day. Let's explore the science behind joy together!

Healthy Mocktails & Hydration Hacks!

Ready to spice up your hydration routine? Come learn how to make delicious and refreshing healthy mocktails that'll keep you cool and hydrated all year long! Join us on Monday, May 19th at 10:30 a.m. We'll share hydration hacks and tips for making tasty, alcohol-free drinks that are good for your body. Join us for some hands-on fun as we mix, shake, and sip our way to better hydration!

Enjoy Health & Wellness Classes every Monday at 10:30 am



Spring showers bring May flowers, but have you ever wondered why it rains more during this season? The increase in rainfall is due to warm air colliding with cold air, creating precipitation.



5 Layer Mexican Dip
Wednesday May 7th
10:00 am
\$8 per person
Register by May 1st



Mexican Street Corn Salad
Wednesday May 14th
10:00 am
\$5 per person
Register by May 9th

Next Month's Recipe:

Tropical Shrimp Tacos
Wednesday June 4th
at 10:00 a.m.
\$12 per person
Register by May 30th

