



JUNE 2025

NATIONAL CPR AWARENESS WEEK

Monday	Tuesday	Wednesday	Thursday	Friday
2 National Rocky Road Ice Cream Day! 9:00 Sip & Solve 9:00-10:00 CBS with Jean 10:00 Blood Pressure Checks w/ Cindy 10:15 Corn Hole 10:30 GARDEN CLUB!! 11:30-12:00 Lunch Break 12-1:30 Penny BINGO	3 9:00 Sip & Solve 9:30-10:00 Golden Beats! 10:30 Ladder Golf! 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 Giant Bowling!!	4 9:00 Sip & Solve 9:30 Independent Art 10:00 Kitchen Academy ~Tropical Shrimp Tacos 10:30 Dominoes 11:30-12:00 Lunch Break 12:00 Qigong 12:00 Snack BINGO!	5 9:00 Sip & Solve 9:30 Golden Beats! 10:30 CPR Education with Bridget Jackson 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 WALKING CLUB w/ Amanda 12:00 Wii Games	6 9:00 Sip & Solve 9:00-10:00 CBS with Jean 9:00 Blank Slate 10:00-11:30 BELMONT STAKES!! 11:30-12:00 Lunch Break 12:00-1:30 Penny BINGO
9 9:00 Sip & Solve 9:00 CBS with Jean 10:00 Blood Pressure Checks w/ Cindy 10:30 Health & Wellness ~Gratitude in Action 11:30-12:00 Lunch Break 12-1:30 Penny BINGO	10 9:00 Sip & Solve 9:30-10:00 Golden Beats! 10:30 \$1 LCR 10:30 TECH TUESDAY! 10:30-11:30 Basic Step Line Dancing 10:45 HUMAN SLOTS! 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 Salon Stop: Manicures	11 9:00 Sip & Solve 9:15 Strength Training 9:30 Independent Art 10:15 Bible Study 10:00 Kitchen Academy ~Cucumber Caprese Salad 11:30-12:00 Lunch Break 12:00 Qigong 12:00 Golden Angels ~HDM Tea Treats!	12 9:00 Sip & Solve 9:30 Golden Beats! 10:30 Tea & Trivia w/ Jill Kaylor 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 WALKING CLUB w/ Amanda 12:00 Wii Games	13 GCCC YARD SALE DAY 8:30-2:00 Yard Sale! 9:00 Sip & Solve 9:00-10:00 CBS with Jean 10:00 Arts & Crafts ~Seashell Picture Frames 11:00 Blank Slate Game 11:30-12:00 (BAGGED LUNCHES) 12:00-1:30 Penny BINGO
16 9:00 Sip & Solve 9:00-10:00 CBS with Jean 10:00 Blood Pressure Checks w/ Cindy 10:30 GARDEN CLUB!! 11:30-12:00 Lunch Break 12-1:30 Penny BINGO	17 9:00 Sip & Solve 9:30 Golden Beats 10:30 Grocery List Game 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 Bocce Ball Game & Lemonade Stand	18 9:00 Sip & Solve 9:15 Strength Training 9:30 Independent Art 10:30 Now You Have It Game 11:30-12:00 Lunch Break 12:00 Qigong 12:00 Armchair Travelers ~Hawaii	19 9:00 Sip & Solve 9:30 Golden Beats! 10:30 Chair Volleyball! 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 WALKING CLUB w/ Amanda 12:00 Wii Games	20 9:00 Sip & Solve 9:00-10:00 CBS VIDEO 10:00-12:00 BEACH BASH & BIRTHDAY FESTIVITIES! 11:30-12:00 Lunch Break 12:00-1:30 Penny BINGO
23 9:00 Sip & Solve 9:00-10:00 CBS with Jean 10:00 Blood Pressure Checks w/ Cindy 10:30 Health & Wellness ~ The Healing of Art & Music 11:30-12:00 Lunch Break 12-1:30 Penny BINGO	24 9:00 Sip & Solve 9:30 Golden Beats 10:30 Quarter LCR 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 Salon Stop: Manicures	25 9:00 Sip & Solve 9:15 Strength Training with Amanda 9:30 Independent Art 10:15 Bible Study 10:30 Visit from York's Beekeepers Association! 11:30-12:00 Lunch Break 12:00 Qigong 12:00 Golden Angels	26 9:00 Sip & Solve 9:30 Golden Beats! 10:30 Wound care with RN Becky Smith 10:30-11:30 Basic Step Line Dancing 11:30-12:00 Lunch Break 12:00-1:00 Line Dancing 12:00 WALKING CLUB w/ Amanda 12:00 Wii Games	27 9:00 Sip & Solve 9:00-11:30 Farmers Market Vouchers 9:15-10:00 CBS with Jean 10:00 Arts & Crafts ~Diamond Dot Creations 11:30-12:00 (BAGGED LUNCHES) 12:00-1:30 Penny BINGO
30 9:00 Sip & Solve 9:00-10:00 CBS with Jean 10:00 Blood Pressure Checks w/ Cindy 10:30 Fresh Produce Market! 11:30-12:00 Lunch Break 12-1:30 Quarter BINGO				

NATIONAL POLLINATOR WEEK

June

York County

Monday	Tuesday	Wednesday	Thursday	Friday
2 3oz Salisbury Steak w/ 2oz Gravy 1/2c Cubed Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Gelatin	3 3oz Kielbasa w/ 1oz Sauerkraut 1/2c Homemade Haluski 1/2c Carrots 1/2c Applesauce	4 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	5 Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1c Tossed Salad w/ Tomato 1/2c Mandarin Oranges	6 3oz Roast Beef Sandwich w/ 1 slice Mozzarella Cheese) 1c Cream of Cauliflower Soup 1 Hamburger Bun 1/2c Blushed Pears
9 3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice	10 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit	11 Turkey Chef Salad (2oz Turkey, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	12 3oz Sweet & Sour Pork 1/2c Brown Rice 1/2c Oriental Blend Vegetables 1 Wheat Bread Fresh Fruit	13 BAGGED LUNCHES
16 Happy Father's Day! 3 oz Bratwurst w/ 1oz Sauerkraut 1/2c Potato Salad 1/2c Baked Beans 1 Hot Dog Roll 1 packet mustard Ice Cream Cup	17 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	18 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple	19 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Spinach Dinner Roll 1/2c Blushed Fruit	20 Stuffed Pepper w/ Tomato Sauce 1c Tossed Salad w/ Dressing 1/2c Carrots 1 White Bread 1/2c Pudding
23 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	24 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	25 4oz Chicken Salad Sandwich 1c Cream of Potato Soup 1/2c Pickled Beets Hamburger Bun Fresh Fruit	26 Chicken, Spinach & Cranberry Salad w/ Dressing (3oz Chicken) 1c. Mixed Greens & Spinach 1/2c Broccoli Salad 1 Breadstick 1 Cookie	27 BAGGED LUNCHES
30 Korean Meatballs (4) 1/2c White Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Fresh Melon				